

# How to find a Group that has a focus that meets your needs...

## Meeting Codes and Groups with a Focus:

AFG: Al-Anon Family Groups

**Ch:** Child Care

**AC:** Al-Anon Adult Children of Alcoholics

**AT:** Alateen Meeting

Groups with a Focus: Women's Meetings  
Men's Meetings  
Parents Meetings  
Spanish Meetings  
LGBT (gay/lesbian)

ASL—American Sign Language - deaf/hard of hearing

### Ch Child Care Available

**TUE** HIGHLANDS TUESDAY MORN AFG #14311

**10 AM** Bethel Lutheran Ch. NE 175TH & 8TH NE

**Ch** WA H Dist# 21 Shoreline WA 98155

**TUE** REFLECTIONS AFG (SNOHOMISH) #30536645

**9:30 AM** Christ the King Lutheran Ch, 13th and Pine Ave

**Ch** O H Dist# 23 Snohomish WA 98290

**WED** WEDNESDAY MORN SUNSHINE AFG #25474

**10:30 AM** Light of Christ Church, 2400 SW 344th

**Ch** Dist# 14 Federal Way WA 98023

**WED** WEDNESDAY WOMEN'S AFG #64991

**7:30 PM** Kirkland Congregational Ch, 106 - 5th Ave, Rm. 21

**Ch** O Dist# 15 Kirkland WA 98033

**THUR** KIRKLAND THURSDAY MORNING AFG #14223

**10 AM** Seventh Day Adventist Church, 6400—108th Ave NE

**Ch** H AA Dist# 15 Kirkland WA 98033

**THUR** W SEA WOMEN LIVING IN FOCUS AFG #44646

**6:30 PM** Fauntleroy Church, 9140 California SW

**Ch** H Dist# 19 (now at the above location) Seattle WA 98136

**SAT** WEST SEATTLE SAT. MORNING AFG #37671

**8:30 AM** Admiral Congregational Ch, 4320 SW Hill St

**Ch** O H Dist# 19 (basement entry) Seattle WA 98116

### Parents Meetings

**MON** PARENTS FOR SERENITY AFG -Speaker on 5th Mon #61342

**7:30 PM** Holy Trinity Lutheran Ch, 8501 SE 40th St

**O parents** Dist# 16 Mercer Island WA 98040

**TUE** PACIFIC PARENTS AFG #30543700

**7:30 PM** New Hope Lutheran Church, 603 3rd Ave SE

**O parents** Dist# 14 Pacific WA 98047

**THUR** EASTSIDE PARENTS AFG (Issaquah) #30522678

**7:30 PM** Faith United Meth Church, 3924 Issaquah Pine Lake Road SE

**parents** Dist# 16 Issaquah WA 98029

### Lesbian, Gay, Bisexual, Transgender

**FRI** LGBT FRIDAY NIGHT AFG #14299

**8 PM** Temp Location Gay City, 511 E Pike St

**AA, H** Dist# 20 (gay/lesbian) Seattle WA 98122

### AC: Al-Anon Adult Children of Alcoholics

**TUE** DENNY PARK FAMILY GROUP AFG #27198

**7:30 PM** Denny Park Lutheran Ch 210 Dexter N @John St

**AC. AT** Dist# 20 (in Fellowship Hall) Seattle WA 98109

**WED** SOUTH END AFG

**7 PM** Community Bible Fellowship, 11227 Renton Ave S

**AC H Beg** Dist# 17 (use south lot) Seattle WA 98178

**WED** RENTON AFG (Adult Children focus) #35146

**7:30 PM** Living Hope Christian Fellowship, 16015 116th Ave SE

**AC** Dist# 17 Renton WA 98058

**THUR** MAD. PARK-MADRONA AFG #46407

**7:30 PM** Epiphany Ch. Parish Hall (upstairs) 1805 38th Ave

**AC AA O** last Th Dist# 20 Seattle WA 98122

**THUR** LAURELHURST THURSDAY EVE AFG #46355

**7:30 PM** St Stephens Epis Ch, (Parish Hall) 4805 NE 45th

**AC O H** Dist# 20 Seattle WA 98105

**SAT** SAT AM FRESH START AFG #48851

**9:30 AM** Univ. Congregational Ch. 4515 16th Ave NE, Pilgrim Rm

**AC** scent free Dist# 20 Seattle WA 98105

### Alateen Meetings

PLEASE CALL 206-625-0000  
FOR ALATEEN MEETING INFORMATION

VOLUNTEERS ANSWER THE INFORMATION PHONE LINE 24/7

OR

EMAIL: [ais@seattle-al-anon.org](mailto:ais@seattle-al-anon.org)

Emails to the AIS office are answered M-F only

### Men's Meetings

**TUES** NORTHEND MEN'S AFG (Shoreline/Bothell) #500659

**7:30 PM** St David Emmanuel Episcopal Ch 18842 Meridian Ave N

Dist# 22 Shoreline WA 98133

**WED** MIDWEEK MEN'S AFG (Kirkland) #53963

**7:30 PM** Trinity Lutheran Church. 11920 NE 80th St

Dist# 15 Kirkland WA 98033

**THUR** WESTSIDE MEN'S AFG #65923

**7 PM** Holy Rosary Parish Ctr, 4152 42nd Ave SW, 2nd Floor

**H** Dist# 19 Seattle WA 98116

**THUR** BAINBRIDGE ISLAND MEN'S AFG #30541813

**7:30 PM** Nipponzan Myohoji Buddhist Temple 6154 Lynwood Center Rd

**O** Dist# 26 Bainbridge Is WA 98110

**FRI** SEATTLE MEN'S AFG #30582130

**7:30 PM** Calvary Assembly, 6801 Roosevelt Way

**O H** Dist# 21 Seattle WA 98115

**FRI** KENT ALL MEN'S AFG #14217

**8 PM** Ch. of the Holy Spirit 310 S 3rd (library enter in back)

**H** Dist# 14 Kent WA 98032

### Spanish Meetings

**TUE** QUE EMPIECE POR MI AFG Spanish

**7 PM** Prichard Hall 99 Wells Ave S. (New Comers Welcome)

**AA in English** Spanish Dist# 17 Renton WA 98057

**TUE** VIDA NUEVA AFG (Spanish) Spanish #65270

**7 PM** Kent Lutheran Church 336 2nd Ave S (use back door)

**O Spanish** Dist# 14 Kent WA 98032

**WED** Solo Por Hoy AFG Spanish

**7 PM** 1st United Methodist Ch, 2201 NE 4th - downstairs

**H Spanish** Dist# 17 (temp location for 2011) Renton WA 98056

**THUR** VIVE AFG Spanish

**7 PM** Jubilee Reach Ctr 14200 SE 13th Place

**Spanish** Dist# 16 Bellevue WA 98007

**THUR** SENDEROS DE RECUPERACION AFG Spanish

**7 PM** Sacred Heart Church, 1614 Farrelly St.

**Spanish** Dist# 14 (Study Bldg) Enumclaw WA 98022

**FRI** 24 HORAS DE SERENIDAD ALL AGES AFG Spanish

**4PM** Marysville Library, 6120 Grove Street

**AC Spanish** 2nd and 4th Fridays only Dist# 23 Marysville WA 98270

**FRI** SUELTA LAS RIENDAS Y ENTREGASELAS A DIOS AFG

**6:30 PM** Lake Burien Pres. Church 15003 - 14th Ave SW

**H AA Spanish** Dist# 18 Step/Topic meeting Burien WA 98166

**FRI** VIDA NUEVA AFG (Spanish) Spanish #65270

**7 PM** Kent Lutheran Church 336 2nd Ave S (use back door)

**O Spanish** Dist# 14 Kent WA 98032

### ASL-American Sign Language 1st & 3rd Sundays

**SUN** SUN AM FRESH START OPEN AFG #43260

**8:30 AM** UW Sch of Soc'l Wk -4101 15th Ave NE. by campus rm #301

**O ASL 1st & 3rd Sundays** Dist# 20 Seattle WA 98105-6299

### Women's Meetings

**MON** BELLEVUE GOOD MORNING AFG (Women's) #42816

**7AM** First Cong Ch #207 10808 NE 8th

**H** Dist# 16 Bellevue WA 98004

**TUES** VASHON ISLAND WOMEN'S AFG #502955

**7 PM** Episcopal Church of the Holy Spirit, 15420 Vashon Hwy SW

frag'nce free Dist# 19 Vashon WA 98070

**WED** WEDNESDAY WOMEN'S AFG #64991

**7:30 PM** Kirkland Congregational Ch, 106 - 5th Ave, Rm. 21

**O, Ch** Dist# 15 (speaker every 5th Weds) Kirkland WA 98033

**THUR** FIERCE COMPASSION ALL-WOMEN AFG #66578

**12 PM** Recovery Café—2022 Boren Ave (@Denny) use NW door

Dist# 20 Seattle WA 98121

**THUR** W SEA WOMEN LIVING IN FOCUS AF #44646

**6:30 PM** Fauntleroy Church, 9140 California SW

**H Ch** Dist# 19 (speaker every 5th Thurs) Seattle WA 98136

**SAT** HOW IMPORTANT IS IT? AFG (Women's) #30578357

**10:30 AM** Queen Anne Luther Ch. 2400- 8th Ave W. (enter from McGraw)

**1 hour** Dist# 20 (meets upstairs in John room) Seattle WA 98119