M.E.S.H.

Experience Strength HOPE

My Experience Strength Hope

1st Saturday Speaker Meeting

Al-Anon Speaker Meeting
Open to All: AA, Friends, Family

Once A Month Meeting - Usually First Saturday – 2nd Saturday in JULY

at

8 PM

St. David Emmanuel Episcopal Church

18842 Meridian N. Shoreline, WA 98133

1st Saturday - June 6, 2009

Lisa K – Al-Anon, Bellevue
Vic K – AA, Bellevue

2nd Saturday - July 11, 2009 - Please note 1 time date change

Shannon B – Al-Anon, Hope on Hwy 9 AFG-Lake Stevens
Tracy J – AA & Al-Anon, Snohomish

1st Saturday – August 1, 2009 –

Christian Z – Al-Anon, Renton Saturday Morning
Heather H – Al-Anon, West Seattle

Between speakers, Birthday Coins will be presented to those with Al-Anon birthdays that month

Driving Directions: from I-5: Take NE 175th Street Exit- Go West on NE 175th to Meridian Ave N – Turn Right (North) on Meridian. To corner of 190th - Church is on your right, Lot behind building

Questions: Chuck G 425-486-0860 mesh@seattle-al-anon.org or Sandy L 206-714-2686

BOOK ORDERS Called into the AIS office by Noon on Friday can be **Picked UP at MESH**. Call in to 206-625-0018, the AIS Office message number or email ais@seattle-al-anon.org Leave your name and phone number. We will call you back to verify your order & amount due.