

LAKE HILLS THURSDAY NIGHT AFG  
INVITES YOU TO JOIN US TO EXPLORE  
STEP FOUR

# BLUEPRINTS FOR PROGRESS

“Step Four is an exercise in perception, a way to distinguish between what works in our lives and what is no longer useful or necessary. Being aware of what we did yesterday can help us understand and accept who we are today, so tomorrow we can be the people we want to be.” (Pg 9. Blueprints for Progress)

Using the workbook “Blueprints for Progress” this two month step four workshop explores two topics per evening in a modified meeting format.

All are invited and encouraged to join us at any time during the series.

**Thursdays, April 4 – May 30, 2019**  
**7:30 - 9:00 p.m.**

St Andrew's Lutheran Church  
2650 148<sup>th</sup> Ave SE Bellevue

Workbooks Available  
for purchase - \$13 each

“If you look inside, then you can let go”  
A.A. and Alateen Meetings at same time in same location  
Service Positions Available