

# H.E.A.R.

EVERY 3RD  
SATURDAY

## Speaker Meeting

HOPE, EXPERIENCE, & ACCEPTANCE  
IN RECOVERY



EVERYONE IS WELCOME!  
Al-Anon, AA, Alateen, Family,  
Friends...

Saturday, November 20  
7:30-9:00 PM PST

Al-Anon Speaker:  
Chere' F of Puyallup, WA

AA Speaker:  
Rick B of Renton, WA

### Zoom Meeting.

ID: 896 7579 4182 Password: 107130  
One tap mobile:  
+12532158782,,89675794182#,,,,0#,,1  
07130# US (Tacoma)