

# Greater Seattle Area Al-Anon Information Service

## Al-Anon and Alateen Meeting Directory

**Districts 14-22 as of March 1, 2019**

For the most up-to-date information, go to [seattle-al-anon.org](http://seattle-al-anon.org)  
 Speak with an Al-Anon member at 206-625-0000.

### Directory Guide

AA = AA at Same Time & Place  
 AC = Adult Children of Alcoholics Same Time & Place  
 AL = Al-Anon at Same Time & Place  
 ASL = American Sign Language  
 AT = Alateen at Same Time & Place 45 = 45-Minute Duration  
 B = Beginners Intro/Meeting 60 = 60-Minute Duration  
 CH = Childcare Offered 75 = 75-Minute Duration  
 FF = Fragrance Free 90 = 90-Minute Duration  
 H = Handicap Accessible 135 = 135-Minute Duration  
 O = Student & Professional observers welcome

**NEW** To change meeting information: **NEW**  
 Go to <http://wa-al-anon.org/>.

Create a log in or use your existing log in. Then Resources>For Members>Make Meeting Changes. Enter changes in the comments box. Then Email that same information to [communications@seattle-al-anon.org](mailto:communications@seattle-al-anon.org)

### ALATEEN MEETINGS

<b>MON</b> <b>7:00PM</b> 60/H/AA	WEST SEATTLE ALATEEN #30708853 Tibbetts United Methodist, 3940 41 <sup>st</sup> Ave SW, Seattle (Ages 13-18) DIST 19	
<b>TUES</b> <b>7:30PM</b> 90/AL	EDMONDS ALATEEN SERENITY FOR YOUTH <b>Edmonds United Methodist, 828 Caspers St, #113,</b> Edmonds (Ages 12-19) #30639096 DIST 22	
<b>WED</b> <b>8:00PM</b> 75/AL/AA	COURAGE TO BE ME ALATEEN #30600318 Queen Anne Lutheran, 2400 8th Ave W, Seattle (Ages 12-20) DIST 20	
<b>THUR</b> <b>7:30PM</b> 90/H/AA/AL	LAKE HILLS ALATEEN #14119 St. Andrew's Lutheran, 2650 148th Ave SE, Bellevue (Meets Downstairs/Ages 9-20) DIST 16	

### VASHON ISLAND MEETINGS

<b>SUN</b> <b>9:00AM</b> 90/O/FF	VASHON SUNDAY SIDE UP AFG #30043 Vashon Presbyterian, 17708 Vashon Hwy SW, Vashon (Upstairs Belfry) DIST 19	
<b>TUES</b> <b>6:30PM</b> 90/O/H/FF	VASHON ISLAND WOMEN'S AFG #502955 Episcopal of the Holy Spirit, 15420 Vashon Hwy SW, Vashon (Women's Meeting) DIST 19	
<b>SAT</b> <b>10:00AM</b> 90/O/B	SATURDAY IN THE BELFRY AFG #30556459 Vashon Presbyterian, 17708 Vashon Hwy SW, Vashon (Upstairs in Belfry - Pull Cow Bell) DIST 19	

To receive the BITS newsletter in your inbox, go to <https://www.seattle-al-anon.org/> and click on the button to sign up for our newsletter.

### SEATTLE CENTRAL ZONE

**Madison Park • Capitol Hill • Downtown  
 Belltown • Queen Anne • Magnolia**

<b>SUN</b> <b>12:00PM</b> 90/O/H	PATHWAYS TO RECOVERY AFG #30536933 Seattle U Student Ctr, 901 12th Ave, #122, Seattle (Step Study) DIST 20	
<b>MON</b> <b>12:00PM</b> 90/O	CAPITOL HILL AFG #64446 St. Mark's Cathedral, 1245 10th Ave E, Seattle (Admin Entry/2 <sup>nd</sup> fl conference room) DIST 20	
<b>MON</b> <b>12:00PM</b> 90/O/H	QUEEN ANNE MID DAY AFG #62081 First Free Methodist, 3200 3rd Ave W, Seattle (Park in rear/North entry/Signs to Glen Rm) DIST 20	
<b>MON</b> <b>12:05PM</b> 45/O/H	SERENITY REFRESHER AFG #47697 YMCA, 909 4 <sup>th</sup> Ave, Seattle (In Chapel) (In chapel/Feel free to bring lunch) DIST 20	
<b>MON</b> <b>7:00PM</b> 60/O/H	MAGNOLIA MONDAY NIGHT FIRESIDE AFG #63177 United Church of Christ, 3555 W McGraw St, Seattle (Upstairs) DIST 20	
<b>TUES</b> <b>7:00AM</b> 60/O	OPENING OUR HEARTS AFG #30614923 Unity on Union Books, 2420 E Union St, Seattle (Central District) DIST 20	
<b>TUES</b> <b>7:30AM</b> 60/H	MORNING SERENITY AFG #30617450 AGC Building, 1200 Westlake Ave N, Ste 508, Seattle (Edgewood Services office/Knock if Late) DIST 20	
<b>TUES</b> <b>7:00PM</b> 60/O	TUESDAY UNITY AFG #30592290 Unity on Union Books, 2420 E Union St, Seattle DIST 20	
<b>TUES</b> <b>7:30 PM</b> 60/O	DENNY PARK FAMILY AFG #27198 Denny Park Lutheran, 766 John St, Seattle (Ring Bell for Entry) DIST 20	
<b>WED</b> <b>8:00PM</b> 90/O/AT/AA	QUEEN ANNE AFG #14319 Queen Anne Lutheran, 2400 8th Ave W, Seattle DIST 20	
<b>THURS</b> <b>7:00AM</b> 90/O/FF	FOCUS ON GRATITUDE AFG #30503143 Seattle U Student Ctr, 901 12th Ave #122, Seattle (Jolly Rm-1st Floor/Street parking) DIST 20	
<b>THURS</b> <b>7:30PM</b> 90/O/AC	MADISON MADRONA AFG #46407 Epiphany Church, 1805 38th Ave, Seattle (Upstairs/Parish Hall/Adult Child last Thurs) DIST 20	
<b>FRI</b> <b>8:00PM</b> 60/H	FRIDAY NIGHT LGBT AFG #14299 Seattle Support Groups, 115 15th Ave E #201, Seattle (LGBT's Meeting/O'Neil Room) DIST 20	
<b>SAT</b> <b>10:30AM</b> 60/O/H	HOW IMPORTANT IS IT WOMEN AFG #30578357 2400 8th Ave W, Seattle (Women's Meeting /McGraw St entry only/Upstairs) DIST 20	

## NORTH ZONE

**Seattle North • Shoreline • Mountlake Terrace  
Lake Forest Park • Lynnwood • Edmonds**

<b>SUN</b> <b>8:30AM</b> 90/O/H/ASL	SUNDAY AM FRESH START AFG #43260 UW School of Social Work, 4101 15th Ave NE, Seattle (Room 301/ASL 1 <sup>st</sup> , 3rd & 5 <sup>th</sup> Sundays) DIST 20
<b>SUN</b> <b>7:00PM</b> 90/O/H	BALLARD SUNDAY NITE AFG #14300 St Paul's United Church of Christ, 6512 12th Ave NW, Seattle DIST 21
<b>MON</b> <b>7:00AM</b> 60/O/H/AA	HOPE FOR TODAY AFG #502461 St Paul's United Church of Christ, 6512 12th Ave NW, Seattle (Meets Mon, Wed & Fri) DIST 21
<b>MON</b> <b>4:30PM</b> 60/O	3RD PLACE LITERATURE STUDY AFG #30518096 Lake Forest Presbyterian, 17440 Brookside Blvd NE, Lake Forest Park DIST 22
<b>MON</b> <b>7:00PM</b> 90/O/H	MEADOWDALE AFG #49029 St Hilda St Patrick Episcopal, 15224 52nd Ave W, Edmonds DIST 22
<b>MON</b> <b>7:30PM</b> 90/O/H/AA	RICHMOND BEACH AFG #14320 Aurora Ch of Nazarene, 1900 N 175th St, Shoreline (Closed meeting on 2 <sup>nd</sup> Monday of month) DIST 22
<b>MON</b> <b>7:30PM</b> 90/O/H	SALMON BAY CANDLELIGHT AFG #41889 Ballard First Lutheran, 2006 NW 65th St, Seattle (Havvik Hall behind parking & house office) DIST 21
<b>MON</b> <b>7:30PM</b> 90/O/H	LAKE CITY MONDAY NIGHT AFG #44358 Lake City Presbyterian, 3841 NE 123rd St, Seattle (1 Block off Sandpoint Way) DIST 21
<b>TUES</b> <b>10:00AM</b> 90/CH/B/H	HIGHLAND TUESDAY AFG #14311 St Dunstan's Episcopal, 722 N 145th St, Shoreline (Free Childcare/Paddington Nursery entry) DIST 21
<b>TUES</b> <b>6:30PM</b> 60/O	KEEPING IT SIMPLE 2 AFG #30589803 North Seattle Friends, 7740 24th Ave NE, Seattle (Fireside Rm/Bsmt) DIST 21
<b>TUES</b> <b>7:30PM</b> 75/O/H/AA	VIEW RIDGE OPEN AFG #41334 Sandpoint Community Church, 4710 NE 70th St, Seattle (Park in rear/Rear entrance) DIST 21
<b>TUES</b> <b>7:30PM</b> 90	NORTH END MEN'S AFG #500659 St David's Emmanuel Episc, 18842 Meridian Ave N, Shoreline (Men's Meeting) DIST 22
<b>TUES</b> <b>7:30PM</b> 90/O/AT	EDMONDS AFG #500668 <b>Edmonds United Methodist, 828 Caspers St, #112, Edmonds NEW LOCATION</b> DIST 22
<b>WED</b> <b>7:00AM</b> 60/O/H/AA	HOPE FOR TODAY AFG #502461 St Paul's United Church of Christ, 6512 12th Ave NW, Seattle (Meets Mon, Wed & Fri) DIST 21
<b>WED</b> <b>6:00PM</b> 60/O/H/B	FRIENDS AFG #30611010 North Seattle Friends, 7736 24 <sup>th</sup> Ave NE, Seattle (Side bldg. north of church) DIST 21
<b>WED</b> <b>7:00PM</b> 90/O/H	SUNSET AFG #14327 Woodland Park Methodist, 302 N 78 <sup>th</sup> St, Seattle (Enter from rear parking lot) DIST 21
<b>WED</b> <b>7:00PM</b> 60/O	WEDNESDAY BACK TO BASICS AFG #501477 Bethesda Lutheran, 23406 56 <sup>th</sup> Ave W, Mountlake Terrace DIST 22

<b>WED</b> <b>7:00PM</b> 75/O/H	ALDERWOOD AFG #30623421 Maplewood Presbyter, 19523 84 <sup>th</sup> Ave W, Edmonds (Speaker on 5 <sup>th</sup> Wed/corner of 196 <sup>th</sup> ) DIST 22
<b>THURS</b> <b>7:00PM</b> 90/O/H	TERRACE VIEW AFG #30760 Gloria Dei Lutheran, 3215 Larch Way, Lynnwood DIST
<b>THURS</b> <b>7:30PM</b> 90/O/H/AC	LAURELHURST THURSDAY EVE AFG #46355 St Stephen's Episcopal, 4805 NE 45 <sup>th</sup> St, Seattle (Meets in Parish Hall) DIST 20
<b>THURS</b> <b>7:30PM</b> 60/O	FREMONT AFG #30580844 Fremont Baptist, 717 N 36 <sup>th</sup> St, Seattle (Meets in 1 <sup>st</sup> floor lounge) DIST 20
<b>FRI</b> <b>7:00AM</b> 60/O/H/AA	HOPE FOR TODAY AFG #502461 St Paul's United Church of Christ, 6512 12th Ave NW, Seattle (Meets Mon, Wed & Fri) DIST 21
<b>FRI</b> <b>10:00AM</b> 90	HIGHLANDS FRIDAY AM AFG #32362 St Dunstan's Episcopal, 722 N 145th St, Shoreline (Enter from East side Parking Lot) DIST 21
<b>FRI</b> <b>7:00PM</b> 60/O	WOMEN'S FRIDAY WALLINGFORD AFG #30712924 Wallingford Presbyterian, 1414 N 42 <sup>nd</sup> St, Seattle (Women's Meeting/Enter back of church) DIST 20
<b>FRI</b> <b>7:30PM</b> 90/O/H	SEATTLE MEN'S AFG #30582130 Northminster Presbyterian, 7706 25th Ave NW, Seattle (Men's Meeting) DIST 21
<b>FRI</b> <b>8:00PM</b> 90/H/B	TGIF AFG #14171 Maplewood Presbyter, 19523 84th Ave W, Edmonds (Corner of 196 <sup>th</sup> ) DIST 22
<b>SAT</b> <b>7:30PM</b> 90/H	SATURDAY AFG RECOVERY #42815 Sandpoint Community Ch, 4710 NE 70 <sup>th</sup> St, Seattle (Enter on NE corner) DIST 21

## SPANISH LANGUAGE MEETINGS

<b>MON</b> <b>7:00PM</b> 90/O	GFA UN REGALO PARA MI #30607125 St Matthew Church, 123 L St NE, Auburn DIST 14
<b>TUES</b> <b>7:00PM</b> 90/O/CH	VIDA NUEVA GFA #65270 Kent Lutheran, 336 2 <sup>nd</sup> Ave S, Kent (Free Childcare) DIST 14
<b>WED</b> <b>7:00PM</b> 90/O	LIBERTAD Y ESPERANZA HIJOS ADULTOS GFA <b>NEW</b> Ed. United Meth, 828 Caspers St Rm 302, Edmonds (Park & Enter in Back of church) #30713224 DIST 22
<b>WED</b> <b>7:00PM</b> 135/O/H/AC	SOLO POR HOY GFA #30591116 First United Methodist, 2201 NE 4 <sup>th</sup> St, Renton (Downstairs) DIST 17
<b>THURS</b> <b>7:00PM</b> 90/H/AC	GFA HIJOS ADULTOS UNIDAD 30675103 United Methodist, 16540 NE 80 <sup>th</sup> St, Redmond (Room 104) DIST 15
<b>FRI</b> <b>7:00PM</b> 90/O/CH	VIDA NUEVA AFG #65270 Kent Lutheran, 336 2 <sup>nd</sup> Ave S, Kent (Free Childcare/use back door) DIST 14
<b>FRI</b> <b>7:00PM</b> 90/O/B	GFA VIVE #30581849 Jubilee Reach Center, 14200 SE 13 <sup>th</sup> Pl, Bellevue DIST 16

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## SOUTH ZONE

**South & West Seattle • Burien • Des Moines  
Federal Way • Auburn • Kent • Renton • Enumclaw**

<b>SUN</b> <b>6:00PM</b> 90/B/H	ENUMCLAW SUNDAY NITE AFG #53679 Hillside Community Church, 24015 SE 436 <sup>th</sup> Way, Enumclaw DIST 14
<b>SUN</b> <b>7:30PM</b> 90/H/AA	AUBURN SUNDAY NIGHT AFG #14111 Holy Family Catholic, 505 17 <sup>th</sup> St SE, Auburn (Enter main church on 17 <sup>th</sup> St SE) DIST 14
<b>MON</b> <b>10:30AM</b> 90/H/AA	MONDAY MORNING JUMP START AFG #63297 Zion Lutheran, 1305 17 <sup>th</sup> St SE, Auburn (Auburn Way at M St) DIST 14
<b>MON</b> <b>1:30PM</b> 60/O/H	MONDAY AT A TIME AFG #30597929 Highline United Methodist, 13015 1 <sup>st</sup> Ave S, Burien DIST 18
<b>MON</b> <b>6:30PM</b> 90/O/H	SALTWATER AFG #3051248 Saltwater Unitarian-Universalist, 25701 14 <sup>th</sup> Pl S, (Meets in Church Office) Des Moines DIST 14
<b>MON</b> <b>7:00PM</b> 90/O/AA	JUST FOR TODAY AFG #30512114 Brooklake Community Church, 629 S 356 <sup>th</sup> St, Federal Way DIST 14
<b>MON</b> <b>7:00PM</b> 90/O/H	BURIEN TURNING POINT AFG #49260 St Elizabeth's Episcopal, 1005 SW 152nd St, Burien (Speaker on 5 <sup>th</sup> Monday) DIST 18
<b>MON</b> <b>7:00PM</b> 90/O	RENTON MONDAY NITE AFG #50914 Pritchard Hall, 99 Wells Ave S, Renton DIST 17
<b>TUES</b> <b>10:00AM</b> 90/O/H	RENTON TUESDAY MORNING AFG #14290 First United Methodist, 2201 NE 4 <sup>th</sup> St, Renton (Lower lot and entrance) DIST 17
<b>TUES</b> <b>12:30 PM</b> 75/O/H	TUESDAY REBOOT AFG #30619812 Fauntleroy Church, 9140 California Ave SW, Seattle (Meets in library) DIST 19
<b>TUES</b> <b>7:00PM</b> 90/O	TUESDAY NITE LIVING THE LEGACIES AFG #30629713 Pritchard Hall, 99 Wells Ave S, Renton DIST 17
<b>TUES</b> <b>7:00PM</b> 60/O/H/AA	STEPS TO SERENITY AFG #65354 Des Moines Methodist, 22225 9 <sup>th</sup> Ave S, Des Moines DIST 18
<b>TUES</b> <b>7:00PM</b> 90/O	PARENTS AND FRIENDS AFG #30543700 St Matthew Episcopal, 123 L St NE, Auburn (Parent-Focused Meeting) DIST 14
<b>WED</b> <b>10:30AM</b> 90/CH	WEDNESDAY MORNING SUNSHINE AFG #25474 Light of Christ Church, 2400 SW 344 <sup>th</sup> St, Federal Way (Free Childcare) DIST 14
<b>WED</b> <b>1:30PM</b> 90/O/H	LET IT BEGIN WITH ME AFG #30600898 Highline United Methodist, 13015 1 <sup>st</sup> Ave S, Burien (Use side entrance/basement) DIST 18
<b>WED</b> <b>7:00PM</b> 90/O/H	MAPLE VALLEY WEDNESDAY NIGHT AFG #62618 Light of Life Lutheran, 28505 216 <sup>th</sup> Ave SE, Covington (Behind church/park pavement/pre-school) DIST 17
<b>WED</b> <b>7:00PM</b> 90/O/H	EXPERIENCE, STRENGTH, HOPE AFG #30519364 Fairwood United Methodist, 15255 SE Fairwood Blvd, Renton DIST 17

<b>WED</b> <b>7:00PM</b> 90/O	COURAGE TO CHANGE AFG #62852 Mt Baker Park Presbyter, 3201 Hunter Blvd S, Seattle (Speaker 4 <sup>th</sup> Wed) DIST 19
<b>WED</b> <b>7:30PM</b> 90/H/AT/AA	AUBURN WEDNESDAY NIGHT AFG #14109 Zion Lutheran, 1305 17 <sup>th</sup> St SE, Auburn (Auburn Way at M St) DIST 14
<b>THUR</b> <b>12:30PM</b> 90/H	SOUND SERENITY AFG #45476 Grace Lutheran, 22975 24 <sup>th</sup> Ave S, Des Moines (Side door at north of church) DIST 18
<b>THUR</b> <b>6:30PM</b> 90/CH/H	W SEATTLE WOMEN LIVING IN FOCUS AFG #44646 Fauntleroy Church, 9140 California Ave SW, Seattle (Childcare/Women's Meeting) DIST 19
<b>THUR</b> <b>7:30PM</b> 90/O	RENTON THURSDAY NIGHT AFG #14286 Pritchard Hall, 99 Wells Ave S, Renton DIST 17
<b>FRI</b> <b>10:30AM</b> 90/H/AA	AUBURN FRIDAY AM AFG #23848 Zion Lutheran, 1305 17 <sup>th</sup> St SE, Auburn (Auburn Way at M St) DIST 14
<b>FRI</b> <b>7:30PM</b> 90/O/H	BURIEN FRIDAY NIGHT AFG #14302 St Elizabeth's Episcopal, 1005 SW 152nd St, Burien DIST 18
<b>FRI</b> <b>7:30PM</b> 90/O/H	KENT ALL MEN'S AFG #14217 Holy Spirit Church, 327 2nd Ave S, Kent (Men's Meeting/Library/enter in back) DIST 14
<b>SAT</b> <b>8:30AM</b> 90/O/CH/H	WEST SEATTLE SATURDAY MORNING AFG #37671 <b>St John's Episc, 3050 California Ave, Parish Hall, Seattle (Childcare/Enter 42nd/Park W Sea Hi)</b> DIST 19
<b>SAT</b> <b>9:00AM</b> 90/O/B	CHANGING ATTITUDES AFG #53678 Wayside Church of Christ, 2000 SW Dash Point Rd, Federal Way DIST 14
<b>SAT</b> <b>9:30AM</b> 90/O	SATURDAY MORNING OPEN BREAKFAST AFG #66395 Trotter's Family Restaurant, 825 Harvey Rd, Auburn DIST 14
<b>SAT</b> <b>10:00AM</b> 90/O/H	UPWARD BOUND AGAIN AFG #14331 Genesis Global Spirituality, 233 S 156 <sup>th</sup> St, Burien DIST 18
<b>SAT</b> <b>10:00AM</b> 90/O/H	EXPECT A MIRACLE AFG #14216 Kent United Methodist, 11010 SE 248 <sup>th</sup> St, Kent DIST 14
<b>SAT</b> <b>10:00AM</b> 90/O	RENTON FOURTH STEP STUDY GROUP AFG #61102 Pritchard Hall, 99 Wells Ave S, Renton DIST 17
<b>SAT</b> <b>10:30AM</b> 90/H	RENTON SATURDAY MORNING AFG #37673 Valley Church, 16431 SE Renton-Issaquah Rd, Renton (Room 207) DIST 17

### ONCE A MONTH SPEAKER MEETINGS

<b>2<sup>nd</sup> SAT</b> <b>7:30PM</b> 90/O/H	M.E.S.H. 2 <sup>nd</sup> SATURDAY SPEAKER AFG #503944 St David Emmanuel Episc, 18842 Meridian Ave N, Shoreline (Meets ONLY on 2 <sup>rd</sup> Saturday) DIST 22
<b>3<sup>rd</sup> SAT</b> <b>7:30PM</b> 90/O/H	H.E.A.R. SPEAKER MEETING AFG #30507169 The Hillside Church, 930 E James St, Kent (Meets ONLY on 3 <sup>rd</sup> Saturday) DIST 14

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## EAST ZONE

**Bothell • Kirkland • Redmond • Bellevue  
Mercer Island • Issaquah • Snoqualmie**

<b>SUN</b> <b>12:00PM</b> 75/O/H	SUNDAY NOONERS GRATITUDE AFG #30608906 Alano Club of the Eastside, 12302 NE 8 <sup>th</sup> St, Bellevue DIST 15
<b>SUN</b> <b>7:00PM</b> 90/O/FF	BOTHELL SUNDAY AFG #41890 First Lutheran of Bothell, 10207 NE 183 <sup>rd</sup> St, Bothell DIST 15
<b>MON</b> <b>12:00PM</b> 60/O/H	MONDAY NOONERS AFG #30520789 St Andrew's Lutheran, 2650 148 <sup>th</sup> Ave SE, Bellevue DIST 16
<b>MON</b> <b>12:30PM</b> 90/O/H	BOTHELL MONDAY STUDY AFG #31186 Emmanuel Presbyterian, 19540 104 <sup>th</sup> Ave NE, Bothell DIST 15
<b>MON</b> <b>7:00PM</b> 90/O/H	LIVING IN THE SOLUTION AFG #49784 Holy Spirit Lutheran, 10021 NE 124 <sup>th</sup> St, Kirkland (No. end ramp/Lower fellowship hall) DIST 15
<b>MON</b> <b>7:30PM</b> 90/O/H	PARENTS FOR SERENITY AFG #61342 Holy Trinity Lutheran, 8501 SE 40 <sup>th</sup> St, Mercer Island (Parent's meeting/Speaker on 5 <sup>th</sup> Mondays) DIST 16
<b>MON</b> <b>7:30PM</b> 90/O/AA	COAL CREEK AFG #33387 Newport Cov, 12800 Coal Creek Pwy SE, Bellevue (1 <sup>st</sup> floor in main church building) DIST 16
<b>TUES</b> <b>12:30PM</b> 90/O	KIRKLAND TUESDAY AFTERNOON AFG #44099 Kirkland Congregational, 106 5 <sup>th</sup> Ave, Room 21 Kirkland DIST 15
<b>TUES</b> <b>7:00PM</b> 60/O	SERENITY IN SNOQUALMIE AFG #30657168 St Clare's Episcopal, 8650 Railroad Ave, Snoqualmie DIST 16
<b>TUES</b> <b>7:15PM</b> 90/O/CH/H/AA	BOTHELL TUESDAY NITERS AFG #14130 Eastside Foursquare, 14520 100 <sup>th</sup> Ave NE, Bothell (Free childcare) DIST 15
<b>TUES</b> <b>7:30PM</b> 60/O/AA	TUESDAY NIGHT GRATITUDE AFG #52374 Redmond United Methodist, 16540 NE 80 <sup>th</sup> St, Redmond DIST 15
<b>WED</b> <b>7:00PM</b> 90/CH	WEDNESDAY WOMEN'S AFG #64991 Kirkland Congregational, 106 5 <sup>th</sup> Ave, Room 21 Kirkland (Women's meeting) DIST 15
<b>WED</b> <b>7:30PM</b> 90/O/H/B	MIDWEEK MEN'S AFG #53963 Salt House Church, 11920 NE 80 <sup>th</sup> St, Kirkland (Men's meeting) DIST 15
<b>WED</b> <b>8:00PM</b> 90/H	NEWPORT STUDY AFG #14122 St Margaret's Episcopal, 4228 Factoria Blvd, Bellevue (Basement/follow signs) DIST 16
<b>THURS</b> <b>10:00AM</b> 90	ISSAQUAH DAY AFG #14204 Our Savior Lutheran, 745 Front St S, Issaquah DIST 16
<b>THURS</b> <b>10:00AM</b> 90/H	KIRKLAND THURSDAY MORNING AFG #14223 Seventh Day Adventist, 6400 108 <sup>th</sup> Ave NE, Kirkland DIST 15
<b>THURS</b> <b>7:00PM</b> 90/O/H/B	NEW HORIZONS AFG #30537397 Tolt Congregational, 4851 Tolt Ave, Carnation DIST 15

<b>THURS</b> <b>7:30PM</b> 90/O/H/AT/AA	BELLEVUE LAKE HILLS AFG #14118 St Andrew's Lutheran, 2650 148 <sup>th</sup> Ave SE, Bellevue DIST 16
<b>THURS</b> <b>7:30PM</b> 90/O	EASTSIDE PARENT'S AFG #30522678 Faith United Methodist, 3924 Issaquah-Pine Lk Rd SE, Issaquah (Parent's meeting) DIST 16
<b>FRI</b> <b>12:00PM</b> 60/H	FRIDAY NOONERS AFG #30546400 St Andrew's Lutheran, 2650 148 <sup>th</sup> Ave SE, Bellevue DIST 16
<b>FRI</b> <b>7:30PM</b> 90/O/H/AA	REDMOND FRIDAY NIGHT AFG #14285 Faith Lutheran, 9041 166 <sup>th</sup> Ave NE, Redmond (Downstairs/go thru AA room) DIST 15
<b>SAT</b> <b>8:30AM</b> 60/O/H	PEACE OF THE PROGRAM AFG #30671602 Sammamish Presby, 22522 NE Inglewood Hill Rd, Sammamish (Bldg B-across from office) DIST 16
<b>SAT</b> <b>10:30AM</b> 90/O/H/B	SEARCH FOR SERENITY AFG #24759 Alano Club of the Eastside, 12302 NE 8 <sup>th</sup> St, Bellevue DIST 15

## CONTACT INFORMATION FOR NEIGHBORING DISTRICTS

<b>NORTH</b>	SNOHOMISH COUNTY <a href="http://www.dist23.org">www.dist23.org</a> 425-348-7828
<b>SOUTH</b>	PIERCE COUNTY <a href="http://www.al-anon-pierce-wa.org">www.al-anon-pierce-wa.org</a> 800-726-8094
<b>WEST</b>	KITSAP AND NORTH MASON COUNTY <a href="http://www.kitsap-al-anon.org">www.kitsap-al-anon.org</a>

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