



## Greater Seattle AIS Meeting Directory (Districts 14-22)

NEWCOMERS ARE WELCOME AT ALL MEETINGS!

Updated: October 4, 2021 | [Email](#) or [Submit Meeting Updates](#)

[Meeting Legend](#) | [Best Practices](#)

ASL: American Sign Language | B: Beginners Intro/Meeting | FAFO: Families and Friends Only | FFAOW: Families, Friends, & Observers Welcome  
**CONCURRENT** (electronic and in-person meetings at the same time but separately) | **HYBRID** (members meeting together electronically and in-person)

Day	Time (PT)	Group Name Length / Attendees Group Email	Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off)	City	Location (when group returns to meeting in-person) / Notes	District # Group #
<b>MONDAY</b>						
Monday	7:00 AM	<b>Hope for Today AFG</b> 60 minutes / FFAOW <a href="mailto:hftafg@gmail.com">hftafg@gmail.com</a>	<a href="#">Zoom Meeting</a> Login info: Get via email Tradition 12 is strictly enforced.	Seattle	St Paul's United Church of Christ 6512 12th Ave NW (Meets Mon, Wed, & Fri) (H AA)	District 21 Group 502461
Monday	10:30 AM	<b>Monday Morning Jump Start AFG</b> 90 minutes / FAFO	<b>CONCURRENT</b> - <a href="#">Zoom Meeting</a> ID: 830 0667 7019   Code: 9482124	Auburn	Zion Lutheran Church 1305 17th St SE (Auburn Way at M St) (H AA) <b>[face masks reqd]</b>	District 14 Group 63297
Monday	12:00 PM	<b>Capitol Hill AFG</b> 75 minutes / FFAOW <a href="mailto:CapitolHillAFG@gmail.com">CapitolHillAFG@gmail.com</a>	<a href="#">Zoom Meeting</a> ID: 614 658 9565   Code: serenity	Seattle	St. Mark's Cathedral 1245 10th Ave E (Admin entry / 2nd floor conf room)	District 20 Group 64446
Monday	12:00 PM	<b>Monday Nooners AFG</b> 60 minutes / FFAOW	SUSPENDED DURING COVID	Bellevue	St Andrew's Lutheran Church 2650 148th Ave SE (H)	District 16 Group 30520789
Monday	12:00 PM	<b>Queen Anne Midday AFG</b> 60 minutes / FFAOW	<b>HYBRID</b> - <a href="#">Zoom Meeting</a> ID: 451 694 938   Code: 165642	Seattle	First Free Methodist Church 3200 3rd Ave W <b>[Face Masks Required]</b> (The Rm / Park on Cremora / use North entry) (H)	District 20 Group 62081
Monday	12:05 PM	<b>Serenity Refresher AFG</b> 45 minutes / FFAOW	SUSPENDED DURING COVID	Seattle	YMCA 909 4th Ave (In chapel / Feel free to bring lunch) (H)	District 20 Group 47697
Monday	12:30 PM	<b>Bothell Monday Study AFG</b> 90 minutes / FFAOW	SUSPENDED DURING COVID	Bothell	Emmanuel Presbyterian Church 19540 104th Ave NE (H)	District 15 Group 31186
Monday	1:30 PM	<b>Monday at a Time AFG</b> 60 minutes / FFAOW	=== DISBANDED 7/2021 ===	Burien	Highline United Methodist Church 13015 1st Ave S (H)	District 18 Group 30597929
Monday	4:30 PM	<b>3rd Place Literature Study AFG</b> 60 minutes / FFAOW <a href="mailto:live.free.odat@gmail.com">live.free.odat@gmail.com</a>	<b>IN-PERSON ONLY</b>	Lake Forest Park	Lake Forest Park Presbyterian Church 17440 Brookside Blvd NE <b>[Face Masks Required]</b>	District 22 Group 30518096
Monday	6:30 PM	<b>Saltwater AFG</b> 90 minutes / FFAOW <a href="mailto:SaltwaterAFG@gmail.com">SaltwaterAFG@gmail.com</a>	<a href="#">Zoom Meeting</a> Login info: Get via email	Des Moines	Saltwater Unitarian-Universalist Church 25701 14th Pl S (Meets in Church office) (H)	District 14 Group 30512485
Monday	7:00 PM	<b>Boundaries Not Walls Women's AFG</b> 60 minutes / WOMEN / FFAOW	<a href="#">Zoom Meeting</a> ID: 209 074 2264   Code: 1dED8w			District 19 7/2021
Monday	7:00 PM	<b>Burien Turning Point AFG</b> 90 minutes / FFAOW / B	SUSPENDED DURING COVID	Burien	St Elizabeth's Episcopal Church 1005 SW 152nd St	District 18 Group 49260
Monday	7:00 PM	<b>Just for Today AFG</b> 90 minutes / FFAOW	SUSPENDED DURING COVID	Federal Way	Brooklake Community Church 629 S 356th St (AA)	District 14 Group 30512114

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Monday	7:00 PM	<b>Living in the Solution AFG</b> 90 minutes / FFAOW / B	<a href="#">Zoom Meeting</a> ID: 860 6806 4060   Code: 7830	<b>Kirkland</b>	Holy Spirit Lutheran Church 10021 NE 124th St (N End ramp / Lower fellowship hall) (H)	District 15 Group 49784
Monday	7:00 PM	<b>Magnolia Monday Night Fireside AFG</b> 60 minutes / FFAOW	Phone Meeting Dial: 978 990 5000   Code: 688030	<b>Seattle</b>	Magnolia United Church of Christ 3555 W McGraw St (Upstairs)	District 20 Group 63177
Monday	7:00 PM	<b>Meadowdale AFG</b> 90 minutes / FFAOW	<b>IN-PERSON ONLY</b>	<b>Edmonds</b>	St Hilda & St Patrick Episcopal Church 15224 52nd Ave W (H) <b>[Face Masks Required]</b>	District 22 Group 49029
Monday	7:00 PM	<b>Parents for Serenity AFG</b> 90 minutes / PARENTS / FFAOW / B	<a href="#">Zoom Meeting</a> ID: 827 9961 6552   Code: serEnity (case sensitive)	<b>Mercer Island</b>	Holy Trinity Lutheran Church 8501 SE 40th St (Speaker on 5th Mondays) (H)	District 16 Group 61342
Monday	7:00 PM	<b>Renton Monday Night AFG</b> 90 minutes / FFAOW	<b>IN-PERSON ONLY</b>	<b>Renton</b>	St Lukes Episcopal Church Prichard Hall 99 Wells Ave S <b>[Face Masks Required]</b>	District 17 Group 50914
Monday	7:30 PM	<b>Coal Creek South Bellevue AFG</b> 60 minutes / FAFO	<b>HYBRID - Zoom Meeting</b> ID: 893 7866 5549   Code: 33387	<b>Bellevue</b>	Newport Covenant Church 12800 SE Coal Creek Pkwy (1st flr in main church bldg) (AA) <b>[masks req'd]</b>	District 16 Group 33387
Monday	7:30 PM	<b>Lake City Monday Night AFG</b> 90 minutes / FFAOW	SUSPENDED DURING COVID	<b>Seattle</b>	Lake City Presbyterian Church 3841 NE 123rd St (1 block off Sandpoint Way) (H)	District 21 Group 44358
Monday	7:30 PM	<b>No Expectations Women's AFG</b> 60 minutes / WOMEN / FFAOW	<b>IN-PERSON ONLY</b>	<b>Seattle</b>	St Paul's United Church-Christ 6512 12th Ave W (AA) <b>[Face Masks Required]</b>	District 21 Group 30731356
Monday	7:30 PM	<b>Richmond Beach AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 122 658 114   Code: 571462	<b>Shoreline</b>	Aurora Church of the Nazarene 1900 N 175th St (H AA)	District 22 Group 14320
Monday	7:30 PM	<b>Salmon Bay Candlelight AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 891 5315 2978   Code: 435506	<b>Seattle</b>	Ballard First Lutheran Church 2006 NW 65th St - Havvik Hall (Behind parking & house office) (H)	District 21 Group 41889
<b>TUESDAY</b>						
Tuesday	7:00 AM	<b>Opening Our Hearts AFG</b> 60 minutes / FAFO	<a href="#">Zoom Meeting</a> ID: 988 8666 2945   Code: 218328	<b>Seattle</b>	St Therese Parish House 3416 E Marion St	District 20 Group 30614923
Tuesday	10:00 AM	<b>Highland Tuesday AFG</b> 90 minutes / B / FAFO	<b>IN-PERSON ONLY</b> <b>[Vaccinations and Face Masks Required]</b>	<b>Shoreline</b>	St Dunstan's Episcopal Church 722 N 145th St (H) (enter from the lower parking lot)	District 21 Group 14311
Tuesday	10:00 AM	<b>Renton Tuesday Morning AFG</b> 90 minutes / FFAOW	SUSPENDED DURING COVID	<b>Renton</b>	First United Methodist Church 2201 NE 4th St (Lower lot and entrance) (H)	District 17 Group 14290
Tuesday	12:30 PM	<b>Kirkland Tuesday Afternoon AFG</b> 90 minutes / FFAOW	SUSPENDED DURING COVID	<b>Kirkland</b>	Kirkland Congregational Church 106 5th Ave (Room 21)	District 15 Group 44099
Tuesday	12:30 PM	<b>Tuesday Reboot AFG - West Seattle</b> 75 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 873 5336 2294   Code: 861344	<b>Seattle</b>	The Fauntleroy Church 9140 California Ave SW (Meets in 4th floor library) (H)	District 19 Group 30619812

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Tuesday	6:30 PM	<b>Vashon Island Women's AFG</b> 90 minutes / WOMEN / FFAOW	<a href="#">Zoom Meeting</a> ID: 969 753 368   Code: 377159	Vashon	Episcopal Church 15420 Vashon Hwy SW (FF)	District 19 Group 502955
Tuesday	7:00 PM	<b>Parents and Friends AFG</b> 90 minutes / PARENTS / FFAOW	<a href="#">Zoom Meeting</a> ID: 746 259 393   Code: 228375	Auburn	St Matthew Episcopal Church 123 L St NE (H)	District 14 Group 30543700
Tuesday	7:00 PM	<b>Serenity in Snoqualmie AFG</b> 60 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 532 016 600   Code: 123450303 Book Study: <i>Opening Our Hearts</i> . . .	Snoqualmie	St Clare Episcopal Church 8650 Railroad Ave (Left side room)	District 16 Group 30657168
Tuesday	7:00 PM	<b>Steps to Serenity AFG</b> 60 minutes / FFAOW	SUSPENDED DURING COVID	Des Moines	Des Moines United Methodist Church 22225 9th Ave S (H AA)	District 18 Group 65354
Tuesday	7:00 PM	<b>Tuesday Nite Living the Legacies AFG</b> 90 minutes / FAFO	SUSPENDED DURING COVID	Renton	St Lukes Episcopal Church Prichard Hall 99 Wells Ave S	District 17 Group 30629713
Tuesday	7:00 PM	<b>Tuesday Unity AFG</b> 75 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 810 034 621   Code: 026128	Seattle	Lutheran Church of the Good Shepherd 2116 E Union St (Late: signal at downstairs window)	District 20 Group 30592290
Tuesday	7:15 PM	<b>Bothell Tuesday Nites AFG</b> 90 minutes / FFAOW / B	<b>IN-PERSON ONLY</b>	Bothell	Eastside Four Square Church 14520 100th Ave NE (H AA Free CH) <b>[Face Masks Required]</b>	District 15 Group 14130
Tuesday	7:30 PM	<b>Denny Park Family AFG</b> 60 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 893559024   Code: 208212	Seattle	Denny Park Lutheran Church 766 John St (Ring bell for entry)	District 20 Group 27198
Tuesday	7:30 PM	<b>Edmonds AFG</b> 90 minutes / FFAOW	SUSPENDED DURING COVID (visiting <b>Alderwood AFG</b> )	Edmonds	United Methodist Church 828 Caspers St (H AT)	District 22 Group 500668
Tuesday	7:30 PM	<b>North End Men's AFG</b> 90 minutes / MEN / FAFO	<a href="#">Zoom Meeting</a> ID: 81860551505   Code: 584365	Shoreline	St David Emmanuel Episcopal Church 18842 Meridian Ave N	District 22 Group 500659
Tuesday	7:30 PM	<b>Tuesday Night Gratitude AFG</b> 60 minutes / FFAOW / B <a href="mailto:RedmondTuesdayNight@gmail.com">RedmondTuesdayNight@gmail.com</a>	<a href="#">Zoom Meeting</a> ID: 908 843 639   Code: Redmond	Redmond	Redmond United Methodist Church 16540 NE 80th St (AA)	District 15 Group 52374
Tuesday	7:30 PM	<b>View Ridge Open AFG</b> 75 minutes / FFAOW	SUSPENDED DURING COVID	Seattle	Wedgwood Presbyterian Church 8008 35th Ave NE Fireside Rm (Enter NE 80th St, upstairs) (H)	District 21 Group 41334
<b>WEDNESDAY</b>						
Wednesday	7:00 AM	<b>Hope for Today AFG</b> 60 minutes / FFAOW <a href="mailto:hftafg@gmail.com">hftafg@gmail.com</a>	<a href="#">Zoom Meeting</a> Login info: Get via email Tradition 12 is strictly enforced.	Seattle	St Paul's United Church of Christ 6512 12th Ave NW (Meets Mon, Wed, & Fri) (H AA)	District 21 Group 502461
Wednesday	10:30 AM	<b>Wednesday Morning Sunshine AFG</b> 90 minutes / FAFO <a href="mailto:wmsfedway@gmail.com">wmsfedway@gmail.com</a>	<b>IN-PERSON ONLY</b>	Federal Way	Light of Christ Lutheran Church 2400 SW 344th St (Free childcare) (CH) <b>[Face Masks Required]</b>	District 14 Group 25474
Wednesday	1:30 PM	<b>Let It Begin with Me AFG</b> 60 minutes / FFAOW	SUSPENDED DURING COVID	Burien	Highline United Methodist 13015 1st Ave S (use side entrance/basement) (H)	District 18 Group 30600898

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Wednesday	7:00 PM	<b>Alderwood AFG</b> 75 minutes / FFAOW	<b>IN-PERSON ONLY</b>	Edmonds	Maplewood Presbyterian Church 19523 84th Ave W (Corner at 196th) (H) <b>[Face Masks Required]</b>	District 22 Group 30623421
Wednesday	7:00 PM	<b>Courage to Change AFG - Seattle</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 462 9397184   Code: SQSea3	Seattle	Mount Baker Park Presbyterian Church 3201 Hunter Blvd S (Upstairs room)	District 19 Group 62852
Wednesday	7:00 PM	<b>Experience, Strength, Hope AFG</b> 90 minutes / FFAOW / B	SUSPENDED DURING COVID	Renton	Fairwood Community United Methodist Church 15255 SE Fairwood Blvd (H)	District 17 Group 30519364
Wednesday	7:00 PM	<b>Friends AFG</b> 60 minutes / FFAOW / B	=== DISBANDED 3/2021 ===	Seattle	North Seattle Friends Church 7736 24th Ave NE (Side bldg N of church) (H)	District 21 Group 30611010
Wednesday	7:00 PM	<b>Maple Valley Wednesday Night AFG</b> 90 minutes / FFAOW <a href="mailto:mvpn17@gmail.com">mvpn17@gmail.com</a>	<b>HYBRID - Zoom Meeting</b> Login info: Get via email	Covington	Light of Life Lutheran Church 28525 216th Ave SE (next to church) (H) <b>[Face Masks Required]</b>	District 14 Group 62618
Wednesday	7:00 PM	<b>Sunset AFG</b> 90 minutes / FFAOW <a href="https://sunsetafg.wordpress.com/">https://sunsetafg.wordpress.com/</a>	<a href="#">Zoom Meeting</a> Login info: Request via website	Seattle	Woodland Park Methodist Church 302 N 78th St (Fellowship Hall, enter from N 78th) (H)	District 21 Group 14327
Wednesday	7:00 PM	<b>Wednesday Back to Basics AFG</b> 60 minutes / FFAOW	<b>IN-PERSON ONLY</b>	Mountlake Terrace	Bethesda Lutheran Church 23406 56th Ave W <b>[Face Masks Required]</b>	District 22 Group 501477
Wednesday	7:00 PM	<b>Wednesday's Women AFG</b> 90 minutes / WOMEN / FAFO	<b>CONCURRENT - Zoom Meeting</b> ID: 857 8779 0803   Code: 784677	Kirkland	Kirkland Congregational Church 106 5th Ave Upstairs, Room 21 (CH) (masks optional)	District 15 Group 64991
Wednesday	7:30 PM	<b>Auburn Wednesday Night AFG</b> 90 minutes / FAFO / B	SUSPENDED DURING COVID	Auburn	Zion Lutheran Church 1305 17th St SE (Auburn Way at M St) (H AT AA)	District 14 Group 14109
Wednesday	7:30 PM	<b>Midweek Men's AFG</b> 90 minutes / MEN / FFAOW / B	<a href="#">Zoom Meeting</a> ID: 857 8017 2055   Code: 857372	Kirkland	Salt House Church 11920 NE 80th St (H)	District 15 Group 53963
Wednesday	8:00 PM	<b>Newport Study AFG</b> 90 minutes / FAFO	<a href="#">Zoom Meeting</a> ID: 892 4542 1797   Code: 98006	Bellevue	St Margaret's Episcopal Church 4228 Factoria Blvd (Basement / Follow signs)	District 16 Group 14122
Wednesday	8:00 PM	<b>Queen Anne AFG</b> 75 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 709 493 868   Code: 742729	Seattle	Queen Anne Lutheran Church 2400 8th Ave W (AT AA)	District 20 Group 14319
<b>THURSDAY</b>						
Thursday	7:00 AM	<b>Focus on Gratitude AFG</b> 60 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 873 7625 1396   Code: 942163	Seattle	Seattle University Student Center 901 12th Ave #122 (Jolly Rm-1st floor / Street parking) (FF)	District 20 Group 30503143
Thursday	8:00 AM	<b>Somewhere Men's Online Gratitude Meeting</b> 90 minutes / FAFO	<a href="#">Zoom Meeting</a> ID: 869 5089 3684   Code: 718948	Seattle		2021-05 Group 30744787
Thursday	10:00 AM	<b>Issaquah Day AFG</b> 90 minutes / FFAOW <a href="mailto:issqdayafg@gmail.com">issqdayafg@gmail.com</a>	<a href="#">Zoom Meeting</a> Login info: Get via email 12th Tradition is strictly enforced.	Issaquah	Our Savior Lutheran Church 745 Front St S	District 16 Group 14204

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Thursday	10:00 AM	<b>Kirkland Thursday Morning AFG</b> 90 minutes / B / FAFO	<a href="#">Zoom Meeting</a> ID: 832 0523 7594   Code: 133691	Kirkland		District 15 Group 14223 6/24/2021
Thursday	12:30 PM	<b>Sound Serenity AFG</b> 90 minutes / FAFO	<b>IN-PERSON ONLY</b>	Des Moines	Grace Lutheran Church 22975 24th Ave S (Side door at north of church) (H) <b>[Face Masks]</b>	District 18 Group 45476
Thursday	6:30 PM	<b>Women Living in Focus AFG (Seattle)</b> 90 minutes / WOMEN / FAFO	<a href="#">Zoom Meeting</a> ID: 805 686 374   Code: 347291	Seattle	The Fauntleroy Church 9140 California Ave SW (CH H)	District 19 Group 44646
Thursday	7:00 PM	<b>New Horizons AFG</b> 90 minutes / B / FFAOW	<a href="#">Zoom Meeting</a> ID: 871 8802 5506   Passcode: 212121	Carnation	Tolt Congregational Church 4851 Tolt Ave (H)	District 15 Group 30537397
Thursday	7:00 PM	<b>Terrace View AFG</b> 90 minutes / FFAOW	<b>IN-PERSON ONLY</b>	Lynnwood	Gloria Dei Lutheran Church 3215 Larch Way (H) <b>[Face Masks Required]</b>	District 22 Group 30760
Thursday	7:30 PM	<b>Bellevue Lake Hills AFG</b> 90 minutes / FFAOW <a href="mailto:jenwlakehillsafg@gmail.com">jenwlakehillsafg@gmail.com</a>	SUSPENDED DURING COVID	Bellevue	Saint Andrew's Lutheran Church 2650 148th Ave SE (H AT AA)	District 16 Group 14118
Thursday	7:30 PM	<b>Eastside Parent's AFG</b> 90 minutes / PARENTS / FFAOW	<a href="#">Zoom Meeting</a> ID: 856 1992 6150   Code: 016103	Issaquah	Faith United Methodist Church 3924 Issaquah-Pine Lk Rd SE	District 16 Group 30522678
Thursday	7:30 PM	<b>Fremont AFG</b> 60 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 820 5585 7644   Code: 510535	Seattle	Fremont Baptist Church 717 N 36th St (Meets in 1st floor lounge)	District 20 Group 30580844
Thursday	7:30 PM	<b>Madison Madrona AFG</b> 90 minutes / B / FFAOW (AC last Thurs)	SUSPENDED DURING COVID	Seattle	Epiphany Church Parish Hall 1805 38th Ave (Upstairs)	District 20 Group 46407
Thursday	7:30 PM	<b>Renton Thursday Night AFG</b> 90 minutes / B / FFAOW	<b>HYBRID - Zoom Meeting</b> ID: 293 138 1614	Renton	St Lukes Episcopal Church 99 Wells Ave S (Pritchard Hall) <b>[Face Masks Required]</b>	District 17 Group 14286
<b>FRIDAY</b>						
Friday	7:00 AM	<b>Hope for Today AFG</b> 60 minutes / FFAOW <a href="mailto:hftafg@gmail.com">hftafg@gmail.com</a>	<a href="#">Zoom Meeting</a> Login info: Get via email Tradition 12 is strictly enforced.	Seattle	St Paul's United Church of Christ 6512 12th Ave NW (Meets Mon, Wed, & Fri) (H AA)	District 21 Group 502461
Friday	10:00 AM	<b>Highlands Friday AM AFG</b> 90 minutes / FFAOW	<b>HYBRID - Zoom Meeting</b> ID: 823 9645 6681 Code: 245840	Shoreline	St. Dunstan's Episcopal Church 722 N 145th St (Back entrance) <b>[vaccinated &amp; face masks req'd for in-person]</b>	District 21 Group 32362
Friday	10:30 AM	<b>Auburn Friday Morning AFG</b> 90 minutes / FAFO	<b>CONCURRENT - Zoom Meeting</b> ID: 813 6592 4976   Code: 9853064	Auburn	Zion Lutheran Church 1305 17th St SE (Auburn Way at M St) (H AA) <b>[face masks req'd]</b>	District 14 Group 23848
Friday	12:00 PM	<b>Friday Nooners AFG</b> 60 minutes / FFAOW	SUSPENDED DURING COVID	Bellevue	St Andrews Lutheran Church 2650 148th Ave SE	District 16 Group 30546400
Friday	6:00 PM	<b>Courage to Change AFG - Kirkland</b> 60 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 410 819 487	Kirkland	St John's Episcopal Church 105 State St (Room entrance on parking lot side) (H)	District 15 Group 30731298

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Friday	7:00 PM	<b>Friday Night Women's AFG</b> 60 minutes / WOMEN / FFAOW	<a href="#">Zoom Meeting</a> ID 87327654713	Seattle		District 20 Group 87327654713
Friday	7:00 PM	<b>Practice Makes Progress Women AFG</b> 60 minutes / WOMEN / FFAOW 4th Friday of the month is 75 minutes	SUSPENDED DURING COVID	Seattle	Wallingford Presbyterian Church 1414 N 42nd St (Enter back of church)	District 20 Group 30712924
Friday	7:30 PM	<b>Burien Friday Night AFG</b> 90 minutes / FFAOW	SUSPENDED DURING COVID	Burien	St Elizabeth's Episcopal Church 1005 SW 152nd St (H)	District 18 Group 14302
Friday	7:30 PM	<b>Kent All Men's AFG</b> 90 minutes / MEN / B / FFAOW	<a href="#">Zoom Meeting</a> ID: 832 6198 8367   Code: KAMA1981	Kent	Church of the Holy Spirit 327 2nd Ave S (Library / enter in back) (H)	District 14 Group 14217
Friday	7:30 PM	<b>Redmond Friday Night AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 814 5643 0990   Code: 151790	Redmond	Faith Lutheran Church 9041 166th Ave NE (Downstairs / go thru AA room) (H AA)	District 15 Group 14285
Friday	7:30 PM	<b>Seattle Men's AFG</b> 90 minutes / MEN / FFAOW <a href="#">Web site</a>	<a href="#">Zoom Meeting</a> ID: 868 3456 6010   Code: 121212	Seattle	Northminster Presbyterian Church 7706 25th Ave NW (H)	District 21 Group 30582130
Friday	8:00 PM	<b>Friday Night LGBTQ+ AFG</b> 60 minutes / LGBTQ+ / FAFO	<a href="#">Zoom Meeting</a> ID: 885 020 635   Code: 228894	Seattle	Peer Seattle 1520 Bellevue Ave, Ste 100 (H)	District 20 Group 14299
Friday	8:00 PM	<b>TGIF AFG</b> 90 minutes / FFAOW	<b>IN-PERSON ONLY</b>	Edmonds	Maplewood Presbyterian Church 19523 84th Ave W (Corner of 196th) (H) <b>[Face Masks Required]</b>	District 22 Group 14171
<b>SATURDAY</b>						
Saturday	8:00 AM	<b>Saturday AFG First Step Speakers Meeting</b> 60 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 824 0756 5990   Code: Step1	Seattle		2021-05
Saturday	8:30 AM	<b>Peace of the Program AFG</b> 60 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 819 420 1903   Code: 123456	Sammamish	Sammamish Presbyterian Church 22522 NE Inglewood Hill Rd (Bldg B-across from office) (FF H)	District 16 Group 30671602
Saturday	8:30 AM	<b>West Seattle Saturday Morning AFG</b> 90 minutes / FFAOW <a href="mailto:wssatalanon@gmail.com">wssatalanon@gmail.com</a>	<b>CONCURRENT - Zoom Meeting</b> ID: 908 965 756   Code: 627493	Seattle	St. John the Baptist Episcopal Church 3050 California Ave SW, Parish Hall (CH H) <b>[Face Masks Required]</b>	District 19 Group 37671
Saturday	9:00 AM	<b>Changing Attitudes AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 435 081 816	Federal Way	Wayside Church of Christ 2000 SW Dash Point Rd (H)	District 14 Group 53678
Saturday	9:30 AM	<b>Saturday Morning Open Breakfast AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 532 675 6421   Code: 197673	Auburn	Trotter's Family Restaurant 825 Harvey Rd (H)	District 14 Group 66395
Saturday	10:00 AM	<b>Expect a Miracle AFG</b> 90 minutes / FAFO	<b>HYBRID - Zoom Meeting</b> ID: 867 9195 0378   Code: 239058	Kent	Kent United Methodist Church 11010 SE 248th St (H) <b>[Face Masks Required]</b>	District 14 Group 14216
Saturday	10:00 AM	<b>Upward Bound Again AFG</b> 90 minutes / FFAOW	<b>HYBRID - Zoom Meeting</b> ID: 880 9856 6497   Code: 634512	Burien	Burien Elks Club 14006 1st Ave S <b>[New Location - Face Masks Required]</b>	District 18 Group 14331

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Saturday	10:00 AM	<b>Renton Fourth Step Study Group AFG</b> 90 minutes / FAFO	<a href="#">Zoom Meeting</a> ID: 828 5671 8288   Code: 206238 Workbook: <i>Blueprint for Progress</i>	<b>Renton</b>	Pritchard Hall 99 Wells Ave S	District 17 Group 61102
Saturday	10:00 AM	<b>Saturday Morning AFG</b> 60 minutes / B / FFAOW	<a href="#">Zoom Meeting</a> ID: 617 173 7159	<b>Vashon</b>	Vashon Presbyterian Church 17708 Vashon Hwy SW (Upstairs in belfry - pull cow bell) (B)	District 19 Group 30556459
Saturday	10:30 AM	<b>Renton Saturday Morning AFG</b> 90 minutes / FAFO	<b>HYBRID</b> - Phone Meeting Dial: 978 990 5000   Code: 742424	<b>Renton</b>	Valley Church <b>[Face Masks Required]</b> 16431 SE Renton-Issaquah Rd (downstairs / follow signs) (H)	District 17 Group 37673
Saturday	10:30 AM	<b>Search for Serenity AFG</b> 90 minutes / B / FFAOW <a href="mailto:SFSODAT.2020@gmail.com">SFSODAT.2020@gmail.com</a>	<a href="#">Zoom Meeting</a> ID: 678 139 085   Get via Email	<b>Bellevue</b>	Alano Club of the Eastside 12302 NE 8th St (In annex at rear of Alano Club) (H)	District 15 Group 24759
Saturday	10:30 AM	<b>Women's How Important Is It Women's AFG</b> 60 minutes / WOMEN / FFAOW <a href="mailto:hiitsatwomen@gmail.com">hiitsatwomen@gmail.com</a>	<a href="#">Zoom Meeting</a> ID: 694 879 630   Code: 272730	<b>Seattle</b>	Queen Anne Lutheran Church 2400 8th Ave W (Use McGraw St entrance only)	District 20 Group 30578357
Saturday	7:30 PM	<b>Saturday AFG Recovery</b> 90 minutes / FAFO	<a href="#">Zoom Meeting</a> ID: 217695800   Code: 524546	<b>Seattle</b>	Sandpoint Community Church 4710 NE 70th St (Enter on NE corner) (H)	District 21 Group 42815
Saturday	7:30 PM	<b>2nd Saturday MESH Speaker Meeting AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 883 2663 3121   Code: 121212	<b>Shoreline</b>	St David Emmanuel Episcopal Church 18842 Meridian Ave N (H)	District 22 Group 503944
Saturday	7:30 PM	<b>3rd Saturday HEAR Speaker Meeting AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 896 7579 4182   Code: 107130	<b>Kent</b>	Hillside Church 930 E James St (H)	District 14 Group 30507169
<b>SUNDAY</b>						
Sunday	8:30 AM	<b>Sunday AM Fresh Start AFG - ASL Available</b> 90 minutes / FFAOW / B (3rd week) / ASL weekly / Sponsorship (5th week)	<a href="#">Zoom Meeting</a> ID: 662 081 154   Code: 213424 Host will open the Room by 8:15am	<b>Seattle</b>	UW School of Social Work 4101 15th Ave NE #301 (H)	District 20 Group 43260
Sunday	9:00 AM	<b>Vashon Sunday Side Up AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 884 0981 5932   Code: 026318	<b>Vashon</b>	Vashon Presbyterian Church 17708 Vashon Hwy SW (Upstairs belfry) (FF)	District 19 Group 30043
Sunday	12:00 PM	<b>Pathways to Recovery Step Study AFG</b> 90 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 875 4336 0833	<b>Seattle</b>	Seattle University Student Center 901 12th Ave #122 (H)	District 20 Group 30536933
Sunday	12:00 PM	<b>Sunday Nooners AFG</b> 75 minutes / FFAOW	<a href="#">Zoom Meeting</a> ID: 895 7936 9854   Code: 824817	<b>Bellevue</b>	Alano Club of the Eastside 12302 NE 8th St (H)	District 15 Group 30608906
Sunday	6:00 PM	<b>Enumclaw Sunday Nite AFG</b> 60 minutes / B / FAFO	<a href="#">Zoom Meeting</a> ID: 941 566 343   Code: 886139	<b>Enumclaw</b>	Hillside Community Church 24015 SE 436th Way (90 H)	District 14 Group 53679
Sunday	6:30 PM	<b>West Queen Anne AFG</b> 60 minutes / FFAOW	=== DISBANDED 8/23/2021 ===	<b>Seattle</b>	Queen Anne Community Center 1901 1st Ave W (H) (in adjacent park)	District 20 7/2021

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Sunday	7:00 PM	<b>Ballard Sunday Nite AFG</b> 90 minutes / FFAOW	<b>HYBRID - Zoom Meeting</b> ID: 380 019 636   Code: 651212	<b>Seattle</b>	St Paul's United Church of Christ 6512 12th Ave NW (H) <b>[Face Masks Required]</b>	District 21 Group 14300
Sunday	7:00 PM	<b>Bothell Sunday AFG</b> 90 minutes / FFAOW <a href="mailto:bothellsundaynight@gmail.com">bothellsundaynight@gmail.com</a>	<b>Zoom Meeting</b> Login info: Get via email	<b>Bothell</b>	First Lutheran Church of Bothell 10207 NE 183rd St (FF)	District 15 Group 41890
Sunday	7:30 PM	<b>Auburn Sunday Night AFG</b> 90 minutes/ B / FAFO	<b>Zoom Meeting</b> ID: 847 1218 9588   Code: 878251	<b>Auburn</b>	Holy Family Catholic Church 505 17th St SE (Enter main church on 17th St SE) (H AA)	District 14 Group 14111

Spanish Meetings (Encuentros en español): <https://www.seattle-al-anon.org/meetings.html>

Alateen Meetings: <https://www.seattle-al-anon.org/alateen.html>