



Greater Seattle AIS Meeting Directory (Districts 14-22)

NEWCOMERS ARE WELCOME AT ALL MEETINGS!

Updated: November 19, 2021 | [Email](#) or [Submit Meeting Updates](#)

[Meeting Legend](#) | [Best Practices](#)

ASL: American Sign Language | B: Beginners Intro/Meeting | FAFO: Families and Friends Only | FFAOW: Families, Friends, & Observers Welcome
CONCURRENT (electronic and in-person meetings at the same time but separately) | **HYBRID** (members meeting together electronically and in-person)

| Day | Time (PT) | Group Name Length / Attendees Group Email | Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off) | City | Location (when group returns to meeting in-person) / Notes | District # Group # |
|---------------|-----------|---|---|------------------|--|-------------------------------|
| MONDAY | | | | | | |
| Monday | 7:00 AM | Hope for Today AFG 60 minutes / FFAOW hftafg@gmail.com | Zoom Meeting Login info: Get via email Tradition 12 is strictly enforced. | Seattle | St Paul's United Church of Christ 6512 12th Ave NW (Meets Mon, Wed, & Fri) (H AA) | District 21 Group 502461 |
| Monday | 10:30 AM | Monday Morning Jump Start AFG 90 minutes / FAFO | CONCURRENT - Zoom Meeting ID: 830 0667 7019 Code: 9482124 | Auburn | Zion Lutheran Church 1305 17th St SE (Auburn Way at M St) (H AA) [face masks reqd] | District 14 Group 63297 |
| Monday | 12:00 PM | Capitol Hill AFG 75 minutes / FFAOW CapitolHillAFG@gmail.com | Zoom Meeting ID: 614 658 9565 Code: serenity | Seattle | St. Mark's Cathedral 1245 10th Ave E (Admin entry / 2nd floor conf room) | District 20 Group 64446 |
| Monday | 12:00 PM | Monday Nooners AFG 60 minutes / FFAOW MondayNooners@gmail.com | CONCURRENT - Zoom Meeting ID: 408 531 978 Code: via Email | Bellevue | St Andrew's Lutheran Church 2650 148th Ave SE (H) [Phone # and Face Masks Required] | District 16 Group 30520789 |
| Monday | 12:00 PM | Queen Anne Midday AFG 60 minutes / FFAOW | HYBRID - Zoom Meeting ID: 451 694 938 Code: 165642 | Seattle | First Free Methodist Church 3200 3rd Ave W [Face Masks Required] (The Rm / Park on Cremora / use North entry) (H) | District 20 Group 62081 |
| Monday | 12:05 PM | Serenity Refresher AFG 45 minutes / FFAOW | SUSPENDED DURING COVID | Seattle | YMCA 909 4th Ave (In chapel / Feel free to bring lunch) (H) | District 20 Group 47697 |
| Monday | 12:30 PM | Bothell Monday Study AFG 90 minutes / FFAOW | SUSPENDED DURING COVID | Bothell | Emmanuel Presbyterian Church 19540 104th Ave NE (H) | District 15 Group 31186 |
| Monday | 1:30 PM | Monday at a Time AFG 60 minutes / FFAOW | === DISBANDED 7/2021 === | Burien | Highline United Methodist Church 13015 1st Ave S (H) | District 18 Group 30597929 |
| Monday | 4:30 PM | 3rd Place Literature Study AFG 60 minutes / FFAOW live.free.odat@gmail.com | IN-PERSON ONLY | Lake Forest Park | Lake Forest Park Presbyterian Church 17440 Brookside Blvd NE [Face Masks Required] | District 22 Group 30518096 |
| Monday | 6:30 PM | Saltwater AFG 90 minutes / FFAOW SaltwaterAFG@gmail.com | Zoom Meeting Login info: Get via email | Des Moines | Saltwater Unitarian-Universalist Church 25701 14th Pl S (Meets in Church office) (H) | District 14 Group 30512485 |
| Monday | 7:00 PM | Boundaries Not Walls Women's AFG 60 minutes / WOMEN / FFAOW | Zoom Meeting ID: 209 074 2264 Code: 1dED8w | | | District 19 7/2021 |
| Monday | 7:00 PM | Burien Turning Point AFG 90 minutes / FFAOW / B | SUSPENDED DURING COVID | Burien | St Elizabeth's Episcopal Church 1005 SW 152nd St | District 18 Group 49260 |
| Monday | 7:00 PM | Just for Today AFG 90 minutes / FFAOW | SUSPENDED DURING COVID | Federal Way | Brooklake Community Church 629 S 356th St (AA) | District 14 Group 30512114 |

| Day | Time (PT) | Group Name Length / Attendees Group Email | Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off) | City | Location (when group returns to meeting in-person) / Notes | District # Group # |
|----------------|-----------|---|--|----------------------|--|-------------------------------|
| Monday | 7:00 PM | Living in the Solution AFG 90 minutes / FFAOW / B | Zoom Meeting ID: 860 6806 4060 Code: 7830 | Kirkland | Holy Spirit Lutheran Church 10021 NE 124th St (N End ramp / Lower fellowship hall) (H) | District 15 Group 49784 |
| Monday | 7:00 PM | Magnolia Monday Night Fireside AFG 60 minutes / FFAOW | Phone Meeting Dial: 978 990 5000 Code: 688030 | Seattle | Magnolia United Church of Christ 3555 W McGraw St (Upstairs) | District 20 Group 63177 |
| Monday | 7:00 PM | Meadowdale AFG 90 minutes / FFAOW | IN-PERSON ONLY | Edmonds | St Hilda & St Patrick Episcopal Church 15224 52nd Ave W (H) [Face Masks Required] | District 22 Group 49029 |
| Monday | 7:00 PM | Parents for Serenity AFG 90 minutes / PARENTS / FFAOW / B | Zoom Meeting ID: 827 9961 6552 Code: serEnity (case sensitive) | Mercer Island | Holy Trinity Lutheran Church 8501 SE 40th St (Speaker on 5th Mondays) (H) | District 16 Group 61342 |
| Monday | 7:00 PM | Renton Monday Night AFG 90 minutes / FFAOW | IN-PERSON ONLY | Renton | St Lukes Episcopal Church Prichard Hall 99 Wells Ave S [Face Masks Required] | District 17 Group 50914 |
| Monday | 7:30 PM | Coal Creek South Bellevue AFG 60 minutes / FAFO | HYBRID - Zoom Meeting ID: 893 7866 5549 Code: 33387 | Bellevue | Newport Covenant Church 12800 SE Coal Creek Pkwy (1st flr in main church bldg) (AA) [masks req'd] | District 16 Group 33387 |
| Monday | 7:30 PM | Lake City Monday Night AFG 90 minutes / FFAOW | SUSPENDED DURING COVID | Seattle | Lake City Presbyterian Church 3841 NE 123rd St (1 block off Sandpoint Way) (H) | District 21 Group 44358 |
| Monday | 7:30 PM | No Expectations Women's AFG 60 minutes / WOMEN / FFAOW | IN-PERSON ONLY | Seattle | St Paul's United Church-Christ 6512 12th Ave W (AA) [Face Masks Required] | District 21 Group 30731356 |
| Monday | 7:30 PM | Richmond Beach AFG 90 minutes / FFAOW | Zoom Meeting ID: 122 658 114 Code: 571462 | Shoreline | Aurora Church of the Nazarene 1900 N 175th St (H AA) | District 22 Group 14320 |
| Monday | 7:30 PM | Salmon Bay Candlelight AFG 90 minutes / FFAOW | Zoom Meeting ID: 891 5315 2978 Code: 435506 | Seattle | Ballard First Lutheran Church 2006 NW 65th St - Havvik Hall (Behind parking & house office) (H) | District 21 Group 41889 |
| TUESDAY | | | | | | |
| Tuesday | 7:00 AM | Opening Our Hearts AFG 60 minutes / FAFO | Zoom Meeting ID: 988 8666 2945 Code: 218328 | Seattle | St Therese Parish House 3416 E Marion St | District 20 Group 30614923 |
| Tuesday | 10:00 AM | Highland Tuesday AFG 90 minutes / B / FAFO | IN-PERSON ONLY [Vaccinations and Face Masks Required] | Shoreline | St Dunstan's Episcopal Church 722 N 145th St (H) (enter from the lower parking lot) | District 21 Group 14311 |
| Tuesday | 10:00 AM | Renton Tuesday Morning AFG 90 minutes / FFAOW | SUSPENDED DURING COVID | Renton | First United Methodist Church 2201 NE 4th St (Lower lot and entrance) (H) | District 17 Group 14290 |
| Tuesday | 12:30 PM | Kirkland Tuesday Afternoon AFG 90 minutes / FFAOW | SUSPENDED DURING COVID | Kirkland | Kirkland Congregational Church 106 5th Ave (Room 21) | District 15 Group 44099 |
| Tuesday | 12:30 PM | Tuesday Reboot AFG - West Seattle 75 minutes / FFAOW | Zoom Meeting ID: 873 5336 2294 Code: 861344 | Seattle | The Fauntleroy Church 9140 California Ave SW (Meets in 4th floor library) (H) | District 19 Group 30619812 |

| Day | Time (PT) | Group Name Length / Attendees Group Email | Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off) | City | Location (when group returns to meeting in-person) / Notes | District # Group # |
|------------------|-----------|--|--|-------------|---|-------------------------------|
| Tuesday | 6:30 PM | Vashon Island Women's AFG 90 minutes / WOMEN / FFAOW | Zoom Meeting ID: 969 753 368 Code: 377159 | Vashon | Episcopal Church 15420 Vashon Hwy SW (FF) | District 19 Group 502955 |
| Tuesday | 7:00 PM | Parents and Friends AFG 90 minutes / PARENTS / FFAOW | Zoom Meeting ID: 746 259 393 Code: 228375 | Auburn | St Matthew Episcopal Church 123 L St NE (H) | District 14 Group 30543700 |
| Tuesday | 7:00 PM | Serenity in Snoqualmie AFG 60 minutes / FFAOW | Zoom Meeting ID: 532 016 600 Code: 123450303 Book Study: <i>Opening Our Hearts</i> . . . | Snoqualmie | St Clare Episcopal Church 8650 Railroad Ave (Left side room) | District 16 Group 30657168 |
| Tuesday | 7:00 PM | Steps to Serenity AFG 60 minutes / FFAOW | SUSPENDED DURING COVID | Des Moines | Des Moines United Methodist Church 22225 9th Ave S (H AA) | District 18 Group 65354 |
| Tuesday | 7:00 PM | Tuesday Nite Living the Legacies AFG 90 minutes / FAFO | SUSPENDED DURING COVID | Renton | St Lukes Episcopal Church Prichard Hall 99 Wells Ave S | District 17 Group 30629713 |
| Tuesday | 7:00 PM | Tuesday Unity AFG 75 minutes / FFAOW | Zoom Meeting ID: 810 034 621 Code: 026128 | Seattle | Lutheran Church of the Good Shepherd 2116 E Union St (Late: signal at downstairs window) | District 20 Group 30592290 |
| Tuesday | 7:15 PM | Bothell Tuesday Neters AFG 90 minutes / FFAOW / B | IN-PERSON ONLY | Bothell | Eastside Four Square Church 14520 100th Ave NE (H AA Free CH) [Face Masks Required] | District 15 Group 14130 |
| Tuesday | 7:30 PM | Denny Park Family AFG 60 minutes / FFAOW | Zoom Meeting ID: 893559024 Code: 208212 | Seattle | Denny Park Lutheran Church 766 John St (Ring bell for entry) | District 20 Group 27198 |
| Tuesday | 7:30 PM | Edmonds AFG 90 minutes / FFAOW | SUSPENDED DURING COVID (visiting Alderwood AFG) | Edmonds | United Methodist Church 828 Caspers St (H AT) | District 22 Group 500668 |
| Tuesday | 7:30 PM | North End Men's AFG 90 minutes / MEN / FAFO | Zoom Meeting ID: 869 6295 9662 Code: 584365 | Shoreline | St David Emmanuel Episcopal Church 18842 Meridian Ave N | District 22 Group 500659 |
| Tuesday | 7:30 PM | Tuesday Night Gratitude AFG 60 minutes / FFAOW / B RedmondTuesdayNight@gmail.com | Zoom Meeting ID: 908 843 639 Code: Redmond | Redmond | Redmond United Methodist Church 16540 NE 80th St (AA) | District 15 Group 52374 |
| Tuesday | 7:30 PM | View Ridge Open AFG 75 minutes / FFAOW | SUSPENDED DURING COVID | Seattle | Wedgwood Presbyterian Church 8008 35th Ave NE Fireside Rm (Enter NE 80th St, upstairs) (H) | District 21 Group 41334 |
| WEDNESDAY | | | | | | |
| Wednesday | 7:00 AM | Hope for Today AFG 60 minutes / FFAOW hftafg@gmail.com | Zoom Meeting Login info: Get via email Tradition 12 is strictly enforced. | Seattle | St Paul's United Church of Christ 6512 12th Ave NW (Meets Mon, Wed, & Fri) (H AA) | District 21 Group 502461 |
| Wednesday | 10:30 AM | Wednesday Morning Sunshine AFG 90 minutes / FAFO wmsfedway@gmail.com | IN-PERSON ONLY | Federal Way | Light of Christ Lutheran Church 2400 SW 344th St (Free childcare) (CH) [Face Masks Required] | District 14 Group 25474 |
| Wednesday | 1:30 PM | Let It Begin with Me AFG 60 minutes / FFAOW | SUSPENDED DURING COVID | Burien | Highline United Methodist 13015 1st Ave S (use side entrance/basement) (H) | District 18 Group 30600898 |

| Day | Time (PT) | Group Name Length / Attendees Group Email | Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off) | City | Location (when group returns to meeting in-person) / Notes | District # Group # |
|-----------------|-----------|--|---|--------------------------|--|-------------------------------|
| Wednesday | 7:00 PM | Alderwood AFG 75 minutes / FFAOW | IN-PERSON ONLY | Edmonds | Maplewood Presbyterian Church 19523 84th Ave W (Corner at 196th) (H) [Face Masks Required] | District 22 Group 30623421 |
| Wednesday | 7:00 PM | Courage to Change AFG - Seattle 90 minutes / FFAOW | Zoom Meeting ID: 462 9397184 Code: SQSea3 | Seattle | Mount Baker Park Presbyterian Church 3201 Hunter Blvd S (Upstairs room) | District 19 Group 62852 |
| Wednesday | 7:00 PM | Experience, Strength, Hope AFG 90 minutes / FFAOW / B | SUSPENDED DURING COVID | Renton | Fairwood Community United Methodist Church 15255 SE Fairwood Blvd (H) | District 17 Group 30519364 |
| Wednesday | 7:00 PM | Friends AFG 60 minutes / FFAOW / B | === DISBANDED 3/2021 === | Seattle | North Seattle Friends Church 7736 24th Ave NE (Side bldg N of church) (H) | District 21 Group 30611010 |
| Wednesday | 7:00 PM | Maple Valley Wednesday Night AFG 90 minutes / FFAOW mvpn17@gmail.com | HYBRID - Zoom Meeting Login info: Get via email | Covington | Light of Life Lutheran Church 28525 216th Ave SE (next to church) (H) [Face Masks Required] | District 14 Group 62618 |
| Wednesday | 7:00 PM | Sunset AFG 90 minutes / FFAOW https://sunsetafg.wordpress.com/ | Zoom Meeting ID: 271 293 516 Code: 30278 | Seattle | Woodland Park Methodist Church 302 N 78th St (Fellowship Hall, enter from N 78th) (H) | District 21 Group 14327 |
| Wednesday | 7:00 PM | Wednesday Back to Basics AFG 60 minutes / FFAOW | IN-PERSON ONLY | Mountlake Terrace | Bethesda Lutheran Church 23406 56th Ave W [Face Masks Required] | District 22 Group 501477 |
| Wednesday | 7:00 PM | Wednesday's Women AFG 90 minutes / WOMEN / FAFO | CONCURRENT - Zoom Meeting ID: 857 8779 0803 Code: 784677 | Kirkland | Kirkland Congregational Church 106 5th Ave Upstairs, Room 21 (CH) (masks optional) | District 15 Group 64991 |
| Wednesday | 7:30 PM | Auburn Wednesday Night AFG 90 minutes / FAFO / B | SUSPENDED DURING COVID | Auburn | Zion Lutheran Church 1305 17th St SE (Auburn Way at M St) (H AT AA) | District 14 Group 14109 |
| Wednesday | 7:30 PM | Midweek Men's AFG 90 minutes / MEN / FFAOW / B | Zoom Meeting ID: 857 8017 2055 Code: 857372 | Kirkland | Salt House Church 11920 NE 80th St (H) | District 15 Group 53963 |
| Wednesday | 8:00 PM | Newport Study AFG 90 minutes / FAFO | Zoom Meeting ID: 892 4542 1797 Code: 98006 | Bellevue | St Margaret's Episcopal Church 4228 Factoria Blvd (Basement / Follow signs) | District 16 Group 14122 |
| Wednesday | 8:00 PM | Queen Anne AFG 75 minutes / FFAOW | Zoom Meeting ID: 709 493 868 Code: 742729 | Seattle | Queen Anne Lutheran Church 2400 8th Ave W (AT AA) | District 20 Group 14319 |
| THURSDAY | | | | | | |
| Thursday | 7:00 AM | Focus on Gratitude AFG 60 minutes / FFAOW | Zoom Meeting ID: 873 7625 1396 Code: 942163 | Seattle | Seattle University Student Center 901 12th Ave #122 (Jolly Rm-1st floor / Street parking) (FF) | District 20 Group 30503143 |
| Thursday | 8:00 AM | Somewhere Men's Online Gratitude Meeting 90 minutes / FAFO | Zoom Meeting ID: 869 5089 3684 Code: 718948 | Seattle | | 2021-05 Group 30744787 |
| Thursday | 10:00 AM | Issaquah Day AFG 90 minutes / FFAOW issqdayafg@gmail.com | Zoom Meeting Login info: Get via email 12th Tradition is strictly enforced. | Issaquah | Our Savior Lutheran Church 745 Front St S | District 16 Group 14204 |

| Day | Time (PT) | Group Name Length / Attendees Group Email | Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off) | City | Location (when group returns to meeting in-person) / Notes | District # Group # |
|---------------|-----------|--|---|------------|---|---|
| Thursday | 10:00 AM | Kirkland Thursday Morning AFG 90 minutes / B / FAFO | Zoom Meeting ID: 832 0523 7594 Code: 133691 | Kirkland | | District 15 Group 14223 6/24/2021 |
| Thursday | 12:30 PM | Sound Serenity AFG 90 minutes / FAFO | IN-PERSON ONLY | Des Moines | Grace Lutheran Church 22975 24th Ave S (Side door at north of church) (H) [Face Masks] | District 18 Group 45476 |
| Thursday | 6:30 PM | Women Living in Focus AFG (Seattle) 90 minutes / WOMEN / FAFO | Zoom Meeting ID: 805 686 374 Code: 347291 | Seattle | The Fauntleroy Church 9140 California Ave SW (CH H) | District 19 Group 44646 |
| Thursday | 7:00 PM | New Horizons AFG 90 minutes / B / FFAOW | Zoom Meeting ID: 871 8802 5506 Passcode: 212121 | Carnation | Tolt Congregational Church 4851 Tolt Ave (H) | District 15 Group 30537397 |
| Thursday | 7:00 PM | Terrace View AFG 90 minutes / FFAOW | Phone Meeting Dial: 605-313-4484 Code: 503150 | Lynnwood | Gloria Dei Lutheran Church 3215 Larch Way (H) | District 22 Group 30760 |
| Thursday | 7:30 PM | Bellevue Lake Hills AFG 90 minutes / FFAOW jenwlakehillsafg@gmail.com | SUSPENDED DURING COVID | Bellevue | Saint Andrew's Lutheran Church 2650 148th Ave SE (H AT AA) | District 16 Group 14118 |
| Thursday | 7:30 PM | Eastside Parent's AFG 90 minutes / PARENTS / FFAOW | Zoom Meeting ID: 856 1992 6150 Code: 016103 | Issaquah | Faith United Methodist Church 3924 Issaquah-Pine Lk Rd SE | District 16 Group 30522678 |
| Thursday | 7:30 PM | Fremont AFG 60 minutes / FFAOW | Zoom Meeting ID: 820 5585 7644 Code: 510535 | Seattle | Fremont Baptist Church 717 N 36th St (Meets in 1st floor lounge) | District 20 Group 30580844 |
| Thursday | 7:30 PM | Madison Madrona AFG 90 minutes / B / FFAOW (AC last Thurs) | SUSPENDED DURING COVID | Seattle | Epiphany Church Parish Hall 1805 38th Ave (Upstairs) | District 20 Group 46407 |
| Thursday | 7:30 PM | Renton Thursday Night AFG 90 minutes / B / FFAOW | HYBRID - Zoom Meeting ID: 293 138 1614 | Renton | St Lukes Episcopal Church 99 Wells Ave S (Pritchard Hall) [Face Masks Required] | District 17 Group 14286 |
| FRIDAY | | | | | | |
| Friday | 7:00 AM | Hope for Today AFG 60 minutes / FFAOW hftafg@gmail.com | Zoom Meeting Login info: Get via email Tradition 12 is strictly enforced. | Seattle | St Paul's United Church of Christ 6512 12th Ave NW (Meets Mon, Wed, & Fri) (H AA) | District 21 Group 502461 |
| Friday | 10:00 AM | Highlands Friday AM AFG 90 minutes / FFAOW | Zoom Meeting ID: 823 9645 6681 Code: 245840 | Shoreline | St. Dunstan's Episcopal Church 722 N 145th St (Back entrance) | District 21 Group 32362 |
| Friday | 10:30 AM | Auburn Friday Morning AFG 90 minutes / FAFO | CONCURRENT - Zoom Meeting ID: 813 6592 4976 Code: 9853064 | Auburn | Zion Lutheran Church 1305 17th St SE (Auburn Way at M St) (H AA) [face masks req'd] | District 14 Group 23848 |
| Friday | 12:00 PM | Friday Nooners AFG 60 minutes / FFAOW | SUSPENDED DURING COVID | Bellevue | St Andrews Lutheran Church 2650 148th Ave SE | District 16 Group 30546400 |

| Day | Time (PT) | Group Name Length / Attendees Group Email | Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off) | City | Location (when group returns to meeting in-person) / Notes | District # Group # |
|-----------------|-----------|--|---|--------------------|---|-------------------------------------|
| Friday | 6:00 PM | Courage to Change AFG - Kirkland 60 minutes / FFAOW | Zoom Meeting ID: 410 819 487 | Kirkland | St John's Episcopal Church 105 State St (Room entrance on parking lot side) (H) | District 15 Group 30731298 |
| Friday | 7:00 PM | Friday Night Women's AFG 60 minutes / WOMEN / FFAOW | Zoom Meeting ID 87327654713 | Seattle | | District 20 Group 87327654713 |
| Friday | 7:00 PM | Practice Makes Progress Women AFG 60 minutes / WOMEN / FFAOW 4th Friday of the month is 75 minutes | SUSPENDED DURING COVID | Seattle | Wallingford Presbyterian Church 1414 N 42nd St (Enter back of church) | District 20 Group 30712924 |
| Friday | 7:30 PM | Burien Friday Night AFG 90 minutes / FFAOW | SUSPENDED DURING COVID | Burien | St Elizabeth's Episcopal Church 1005 SW 152nd St (H) | District 18 Group 14302 |
| Friday | 7:30 PM | Kent All Men's AFG 90 minutes / MEN / B / FFAOW | Zoom Meeting ID: 832 6198 8367 Code: KAMA1981 | Kent | Church of the Holy Spirit 327 2nd Ave S (Library / enter in back) (H) | District 14 Group 14217 |
| Friday | 7:30 PM | Redmond Friday Night AFG 90 minutes / FFAOW | Zoom Meeting ID: 814 5643 0990 Code: 151790 | Redmond | Faith Lutheran Church 9041 166th Ave NE (Downstairs / go thru AA room) (H AA) | District 15 Group 14285 |
| Friday | 7:30 PM | Seattle Men's AFG 90 minutes / MEN / FFAOW Web site | Zoom Meeting ID: 868 3456 6010 Code: 121212 | Seattle | Northminster Presbyterian Church 7706 25th Ave NW (H) | District 21 Group 30582130 |
| Friday | 8:00 PM | Friday Night LGBTQ+ AFG 60 minutes / LGBTQ+ / FAFO | Zoom Meeting ID: 885 020 635 Code: 228894 | Seattle | Peer Seattle 1520 Bellevue Ave, Ste 100 (H) | District 20 Group 14299 |
| Friday | 8:00 PM | TGIF AFG 90 minutes / FFAOW | IN-PERSON ONLY | Edmonds | Maplewood Presbyterian Church 19523 84th Ave W (Corner of 196th) (H) [Face Masks Required] | District 22 Group 14171 |
| SATURDAY | | | | | | |
| Saturday | 8:00 AM | Saturday AFG First Step Speakers Meeting 60 minutes / FFAOW | Zoom Meeting ID: 824 0756 5990 Code: Step1 | Seattle | | 2021-05 |
| Saturday | 8:30 AM | Peace of the Program AFG 60 minutes / FFAOW | Zoom Meeting ID: 819 420 1903 Code: 123456 | Sammamish | Sammamish Presbyterian Church 22522 NE Inglewood Hill Rd (Bldg B-across from office) (FF H) | District 16 Group 30671602 |
| Saturday | 8:30 AM | West Seattle Saturday Morning AFG 90 minutes / FFAOW wssatalanon@gmail.com | CONCURRENT - Zoom Meeting ID: 908 965 756 Code: 627493 | Seattle | St. John the Baptist Episcopal Church 3050 California Ave SW, Parish Hall (CH H) [Face Masks Required] | District 19 Group 37671 |
| Saturday | 9:00 AM | Changing Attitudes AFG 90 minutes / FFAOW | Zoom Meeting ID: 435 081 816 | Federal Way | Wayside Church of Christ 2000 SW Dash Point Rd (H) | District 14 Group 53678 |
| Saturday | 9:30 AM | Saturday Morning Open Breakfast AFG 90 minutes / FFAOW | Zoom Meeting ID: 532 675 6421 Code: 197673 | Auburn | Trotter's Family Restaurant 825 Harvey Rd (H) | District 14 Group 66395 |
| Saturday | 10:00 AM | Expect a Miracle AFG 90 minutes / FAFO | HYBRID - Zoom Meeting ID: 867 9195 0378 Code: 239058 | Kent | Kent United Methodist Church 11010 SE 248th St (H) [Face Masks Required] | District 14 Group 14216 |

| Day | Time (PT) | Group Name Length / Attendees Group Email | Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off) | City | Location (when group returns to meeting in-person) / Notes | District # Group # |
|---------------|-----------|--|--|------------------|--|-------------------------------|
| Saturday | 10:00 AM | Upward Bound Again AFG 90 minutes / FFAOW | HYBRID - Zoom Meeting ID: 880 9856 6497 Code: 634512 | Burien | Burien Elks Club 14006 1st Ave S [New Location - Face Masks Required] | District 18 Group 14331 |
| Saturday | 10:00 AM | Renton Fourth Step Study Group AFG 90 minutes / FAFO | Zoom Meeting ID: 828 5671 8288 Code: 206238 Workbook: <i>Blueprint for Progress</i> | Renton | Pritchard Hall 99 Wells Ave S | District 17 Group 61102 |
| Saturday | 10:00 AM | Saturday Morning AFG 60 minutes / B / FFAOW | Zoom Meeting ID: 617 173 7159 | Vashon | Vashon Presbyterian Church 17708 Vashon Hwy SW (Upstairs in belfry - pull cow bell) (B) | District 19 Group 30556459 |
| Saturday | 10:30 AM | Renton Saturday Morning AFG 90 minutes / FAFO | HYBRID - Phone Meeting Dial: 978 990 5000 Code: 742424 | Renton | Valley Church [Face Masks Required] 16431 SE Renton-Issaquah Rd (downstairs / follow signs) (H) | District 17 Group 37673 |
| Saturday | 10:30 AM | Women's How Important Is It Women's AFG 60 minutes / WOMEN / FFAOW hiitsatwomen@gmail.com | Zoom Meeting ID: 694 879 630 Code: 272730 | Seattle | Queen Anne Lutheran Church 2400 8th Ave W (Use McGraw St entrance only) | District 20 Group 30578357 |
| Saturday | 11:00 AM | Search for Serenity AFG 60 minutes / B / FFAOW SFSODAT.2020@gmail.com | Zoom Meeting ID: 678 139 085 Get via Email | Bellevue | Alano Club of the Eastside 12302 NE 8th St (In annex at rear of Alano Club) (H) | District 15 Group 24759 |
| Saturday | 7:30 PM | Saturday AFG Recovery 90 minutes / FAFO | Zoom Meeting ID: 217695800 Code: 524546 | Seattle | Sandpoint Community Church 4710 NE 70th St (Enter on NE corner) (H) | District 21 Group 42815 |
| Saturday | 7:30 PM | 2nd Saturday MESH Speaker Meeting AFG 90 minutes / FFAOW | Zoom Meeting ID: 883 2663 3121 Code: 121212 | Shoreline | St David Emmanuel Episcopal Church 18842 Meridian Ave N (H) | District 22 Group 503944 |
| Saturday | 7:30 PM | 3rd Saturday HEAR Speaker Meeting AFG 90 minutes / FFAOW | Zoom Meeting ID: 896 7579 4182 Code: 107130 | Kent | Hillside Church 930 E James St (H) | District 14 Group 30507169 |
| SUNDAY | | | | | | |
| Sunday | 8:30 AM | Sunday AM Fresh Start AFG - ASL Available 90 minutes / FFAOW / B (3rd week) / ASL weekly / Sponsorship (5th week) | Zoom Meeting ID: 662 081 154 Code: 213424 Host will open the Room by 8:15am | Seattle | UW School of Social Work 4101 15th Ave NE #301 (H) | District 20 Group 43260 |
| Sunday | 9:00 AM | Vashon Sunday Side Up AFG 90 minutes / FFAOW | Zoom Meeting ID: 884 0981 5932 Code: 026318 | Vashon | Vashon Presbyterian Church 17708 Vashon Hwy SW (Upstairs belfry) (FF) | District 19 Group 30043 |
| Sunday | 12:00 PM | Pathways to Recovery Step Study AFG 90 minutes / FFAOW | Zoom Meeting ID: 875 4336 0833 | Seattle | Seattle University Student Center 901 12th Ave #122 (H) | District 20 Group 30536933 |
| Sunday | 12:00 PM | Sunday Nooners AFG 75 minutes / FFAOW | Zoom Meeting ID: 895 7936 9854 Code: 824817 | Bellevue | Alano Club of the Eastside 12302 NE 8th St (H) | District 15 Group 30608906 |
| Sunday | 6:00 PM | Enumclaw Sunday Nite AFG 60 minutes / B / FAFO | Zoom Meeting ID: 941 566 343 Code: 886139 | Enumclaw | Hillside Community Church 24015 SE 436th Way (90 H) | District 14 Group 53679 |

| Day | Time (PT) | Group Name Length / Attendees Group Email | Connection Info (Zoom Dial-in: 1 253 215 8782 *6 to toggle mute on/off) | City | Location (when group returns to meeting in-person) / Notes | District # Group # |
|--------|-----------|---|---|----------------|---|----------------------------|
| Sunday | 6:30 PM | West Queen Anne AFG 60 minutes / FFAOW | === DISBANDED 8/23/2021 === | Seattle | Queen Anne Community Center 1901 1st Ave W (H) (in adjacent park) | District 20 7/2021 |
| Sunday | 7:00 PM | Ballard Sunday Nite AFG 90 minutes / FFAOW | HYBRID - Zoom Meeting ID: 380 019 636 Code: 651212 | Seattle | St Paul's United Church of Christ 6512 12th Ave NW (H) Upstairs Gallery Rm [face masks required] | District 21 Group 14300 |
| Sunday | 7:00 PM | Bothell Sunday AFG 90 minutes / FFAOW bothellsundaynight@gmail.com | Zoom Meeting Login info: Get via email | Bothell | First Lutheran Church of Bothell 10207 NE 183rd St (FF) | District 15 Group 41890 |
| Sunday | 7:30 PM | Auburn Sunday Night AFG 90 minutes / B / FAFO | Zoom Meeting ID: 847 1218 9588 Code: 878251 | Auburn | Holy Family Catholic Church 505 17th St SE (Enter main church on 17th St SE) (H AA) | District 14 Group 14111 |

Spanish Meetings (Encuentros en español): <https://www.seattle-al-anon.org/meetings.html>

Alateen Meetings: <https://www.seattle-al-anon.org/alateen.html>