

A scenic mountain road with a yellow diamond-shaped sign featuring a black arrow pointing up and a black infinity symbol. The sign is positioned on the right side of the road, and a red car is visible in the distance. The background shows a mountain range under a blue sky with white clouds.

**When you don't know
where to turn...
because someone
drinks too much...**

Al-Anon Family Groups can help.

Learn more by attending a confidential meeting in your community.

Find a meeting near you.

seattle-al-anon.org

206-625-0000