



THE 22ND ANNUAL AL-ANON/ALATEEN WEEKEND

MARK YOUR CALENDARS!!

SERENITY ON THE SOUND

SEABECK, WA

SEPTEMBER 20-22, 2019

Amazing Reasons to Join Us:

Program:

- Be inspired to work *your* program for you
- Gratefully enjoy fellowship with new friends and the love of known friends
- Meetings and group activities are encouraged and *entirely optional* with planned free time
- Practice gentleness and acceptance of yourself as you are right now

Place:

- A beautiful setting harboring a feeling of being well-grounded on the Hood Canal
- 2 Nights Stay with comfortable beds, linens and 5 generous family style meals included (Friday dinner thru Sunday breakfast)
- Local beauty and activities on site and nearby

REGISTRATION MATERIALS COMING SOON!

Plan to register and commit early while space allows

To view the SOS Location Online visit

Seabeck Conference Center www.seabeck.org

*Feel Serenity in the
Transforming Power
of an "Attitude of
Gratitude" as you
enjoy Al-Anon &
Alateen Program &
Fellowship*

Meetings & Events

Speaker Meetings
Topic Workshops
Alanon/Alateen Panel
Evening Bonfire
Candlelight Meeting

Fun and Relaxation

Craft and Games
Guided Local Hikes
Rowboats
Paddleboats
Meditation
Movies and Popcorn

**EARLY BIRD
REGISTRATION**

May 1- 31, 2019

Registration Closes

August 15, 2019