

**Do you have a parent, friend or relative
whose drinking upsets you?**

Alateen

MONDAYS 7-8pm

You are welcome here.

**New meeting starts Sept 24th
Tibbetts United Methodist Church
in West Seattle
3940 41st Ave SW
near WS Bridge**

What is Alateen?



Alateen is a place where members (ages 13-18) come together to:

- share experiences, strength and hope with each other to find effective ways to cope with problems
- discuss difficulties and encourage one another
- help each other understand the principles of the Al-Anon program by learning about and using the 12 Steps and 12 Traditions

Alateen is NOT:

- for teenagers seeking help for their own drinking or drug problems
- a time to complain about parents or anyone else
- a social hangout
- a religious group
- therapy

WestSeattleAlateen@gmail.com
www.seattle-al-anon.org